

Umbrella Hub Arrangements Serving Native Communities

About this Resource

Umbrella hub arrangements (UHA) support the sustainability of CDC-recognized organizations delivering the National Diabetes Prevention Program (National DPP) lifestyle change program, a year-long evidence-based program to prevent type 2 diabetes. The purpose of this document is to provide an overview for Area Health Boards who want to know more about UHAs serving Native communities.

Background

The National DPP lifestyle change program is a program focusing on healthy eating and physical activity based on research which showed that people with prediabetes who take part in the structured lifestyle change program can cut their risk of developing type 2 diabetes by 58% (71% for people over 60 years old).

A key feature of the National DPP lifestyle change program is CDC recognition. CDC awards recognition to organizations that meet specific quality standards and effectively deliver the National DPP lifestyle change program. This recognition status helps increase the visibility and credibility of the organization's program and allows the organization to be eligible for reimbursement from certain payers, such as the Centers for Medicare and Medicaid Services (CMS).

CDC grants automatic *preliminary recognition* to any program affiliated with the Indian Health Service (IHS) Special Diabetes Program for Indians (SDPI).

Implementing the National DPP Lifestyle Change Program in Native Communities

American Indian and Alaska Native people are significantly affected by diabetes and there has been a growing interest in

Common Terms to Know

National Diabetes Prevention Program

(National DPP): A partnership of public and private organizations working to prevent or delay type 2 diabetes. Partners work together to offer evidence-based, cost-effective interventions that help prevent type 2 diabetes in communities across the United States.

CDC-recognized organization: An organization that is qualified to deliver the National DPP lifestyle change program because they have either pending, preliminary, or full recognition from the Centers for Disease Control and Prevention (CDC).

Umbrella hub arrangement (UHA):

Overarching term that refers to the entire network which is comprised of the umbrella hub organization (UHO) and subsidiaries.

Umbrella hub organization (UHO): An organization that agrees to serve as the sponsoring hub for a group of subsidiaries (partners) that have CDC *pending*, *preliminary*, or *full* recognition. The UHO provides administrative support to the subsidiaries so they can focus on delivering the National DPP lifestyle change program to their tribal community. Also referred to as hub or UHA hub.

Subsidiary: A tribe or tribal serving organization participating in the umbrella hub arrangement (UHA) that delivers the National DPP lifestyle change program and receives administrative support from the UHO. A UHO may also refer to its subsidiary organizations as 'partners' or 'affiliates'.

implementing the National DPP lifestyle change program in Native communities. Some organizations face challenges achieving CDC recognition for their National DPP lifestyle change program, such as:

- Lifestyle Coach turnover
- Lack of access to training opportunities for program staff
- Small cohort size (low participant enrollment and retention)
- Administrative and data management processes

To address challenges, aid sustainability and provide administrative support to organizations offering the National DPP lifestyle change program, CDC created [UHAs](#). In a UHA, an umbrella hub organization (UHO) serves as the sponsoring organization for a group of CDC-recognized organizations (referred to as “subsidiaries” in a UHA), providing them with administrative support and other services that could include training opportunities, resources to address barriers to participation, and connection to health care payment to pursue sustainable reimbursement for the National DPP lifestyle change program. A UHO can be a CDC-recognized organization or an organization not currently delivering the National DPP lifestyle change program. UHAs provide critical infrastructure to increase and sustain access to the National DPP lifestyle change program across a region or network.

UMBRELLA HUBS FOR TRIBAL-SERVING ORGANIZATIONS



Expanded Provisions from CDC for Tribes, Tribal Programs, and Tribal Serving Organizations Participating in National DPP Umbrella Hub Arrangements (as of 02/23/2024)

- A UHA comprised of tribes, tribal programs, and tribal serving organizations may apply with at least one delivery organization in pending or preliminary recognition. The recognition status of the UHA will be awarded based on the highest recognition status achieved by any organization in the UHA. In 2022, CDC released an expanded provision granting automatic preliminary recognition to any program affiliated with the IHS SDPI.
- Additionally, tribes, tribal programs, and tribal serving UHAs have an exception to the requirement of activating a payer agreement within two years.

Benefits of an Umbrella Hub Arrangement

Share CDC Recognition Status - To join a UHA, each subsidiary organization must have pending, preliminary, or full recognition; however, while participating in the arrangement, all subsidiary organizations assume the recognition status of the UHA. This shared recognition status has several benefits. For example, once a UHA achieves full plus recognition, it will be allowed to maintain that status indefinitely as long as it continues to submit data.

NOTE: Prior to joining a UHA, each program must submit **their own** Diabetes Prevention Recognition Program application to CDC to receive their individual organization code.

Streamline Support – The support UHOs can provide to their subsidiary organizations will vary. Some examples include supporting data management and submission, providing resources to help market the National DPP lifestyle change program and class offerings, establishing participant referral pathways, addressing participant barriers (e.g., transportation, virtual delivery), and helping subsidiaries connect to reimbursement opportunities for the National DPP lifestyle change program.

Pursue Sustainability - Participation in a UHA can help the subsidiary organizations work together to pursue sustainability through infrastructure building, training opportunities for Lifestyle Coaches, and administrative support. For subsidiaries interested in billing private payers, Medicaid, or Medicare, the UHO could provide administrative assistance or training structured around billing processes.

Find Out More

- [CDC National DPP UHA Guidance and Application](#)
- [National Diabetes Prevention Coverage Toolkit - Umbrella Hub Arrangements](#)
- Contact the [CDC National DPP Customer Service Center](#)
- Learn about the [Prevent T2 Curriculum and Handouts](#)

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