



3th BIENNIAL

Arizona Indian Council on Aging & Family Caregiver Support Program CONFERENCE

Enriching the Lives of Elders &
Empowering Caregiving Communities

REGISTRATION PACKET



March 31, 2026
Sheraton Mesa Hotel
at Wrigleyville West
860 N Riverview, Mesa, AZ 85201



Inter Tribal Council of Arizona, Inc.
Area Agency on Aging, Region 8



**30th Biennial Arizona Indian Council on Aging (AICOA) &
Family Caregiver Support Program (FCSP) Conference
Sheraton Mesa Hotel at Wrigleyville West | Mesa, Arizona
Tuesday, March 31, 2026**

Introduction

The Arizona Indian Council on Aging is proud to host the 30th Biennial AICOA Conference in conjunction with the Inter Tribal Council of Arizona, Inc.- Area Agency on Aging, Region 8 (ITCA-AAA) Family Caregiver Support Program. The 1-day conference will be held March 31, 2026, at the Sheraton Mesa Hotel at Wrigleyville West located in Mesa, Arizona. This year, we are expecting 300 participants throughout Arizona to be in attendance. We look forward to seeing you!

About the Conference

Purpose

The theme of the 30th Biennial AICOA/FCSP Conference is *“Enriching the Lives of Elders & Empowering Caregiving Communities.”* The conference will promote the spiritual, mental and physical well-being of older adults/elders, adults with disabilities and caregivers through workshops focusing on three (3) tracks: *caregiving, healthy aging, and advocacy.* Furthermore, the conference provides information to advocates, service providers, and volunteers working within Tribal communities of Arizona.

Target Audience

The conference is designed for individuals of Arizona that are:

- Elders Age 55 and Older
- Caregivers / Grandparents Raising Grandchildren
- Adults with Disabilities
- Advocates/Service Providers/Volunteers

Conference Registration

Registration

Registration is limited to 300 participants that submit a **completed registration form.** There is no cost to attend. Limited seating available. A registration confirmation letter will be emailed. No on-site registration.

Registration Cancellation

Please e-mail Flor.Olivas@itcaonline.com or call (602) 292-1073 at your earliest convenience to ensure your spot can be filled by another participant.

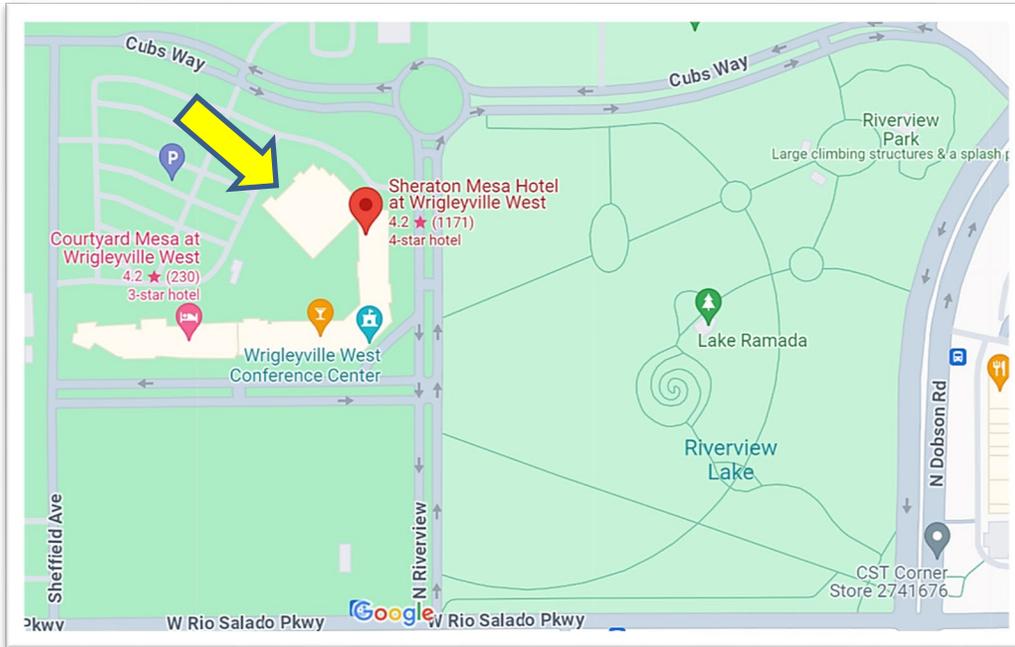


Important Dates

Monday, March 23, 2026:
Last day to submit Registration Form
Monday, March 30, 2026 (3:00 PM-5:00 PM)
Early Registration Check-in. <i>No Onsite Registration</i>
Tuesday, March 31, 2026 (7:00 AM-12:00 PM)
Registration Check-in. <i>No Onsite Registration</i>
Tuesday, March 31, 2026 (8:00 AM-3:45 PM):
Conference Day. (Breakfast and Lunch included, refer to Agenda At-A Glance.)

Conference Hotel and Location

The conference will be held at the Sheraton Mesa Hotel at Wrigleyville West.



**Sheraton Mesa
Hotel at Wrigleyville
West**

860 North Riverview
Mesa, AZ 85201
(480) 664-1221
marriott.com

Located 8 miles east
of the Phoenix Sky
Harbor International
Airport.

Transportation/Parking

Conference participants are responsible for their own transportation. Complimentary self-parking is available on the northwest side of the hotel.

Accessibility

The conference space is wheelchair accessible. If you are an adult living with a disability and require accommodations to participate in the conference, please email Jackie.Edwards@itcaonline.com or call (602) 769-6880. Requests should be made as soon as possible.



Hotel Details

Each guest is responsible for booking and paying for their own hotel room by calling the hotel directly at (480) 664-1221 or by reserving online at the [Sheraton Mesa Hotel Wrigleyville West](#) website. A limited number of accessible rooms are available.

Other Local Hotels

Courtyard Mesa at Wrigleyville West	(480) 590-8000	marriott.com
Hyatt Place Phoenix/Mesa	(480) 969-8200	hyatt.com
Homewood Suites by Hilton Phx/ASU	(480) 966-2780	hilton.com
Hilton Garden Inn Phx/Tempe/ASU	(480) 968-2180	hilton.com
Fairfield Inn & Suites Tempe	(520) 536-8100	marriott.com
TownePlace Suites Tempe	(520) 536-8300	marriott.com

Agenda At-A-Glance

Monday, March 30, 2026

3:00 PM – 5:00 PM Early Registration Check-in (No on-site registration)

Tuesday March 31, 2026

- 6:30 AM – 8:00 AM BREAKFAST (Provided)
- 7:00 AM – 1:00 PM Registration & Information Desk
- 8:00 AM – 2:00 PM Resource Fair
- 8:00 AM – 9:00 AM Welcome & Opening
- 9:00 AM – 9:15 AM Break
- 9:15 AM – 10:30 AM Workshop Sessions 1
- 10:30 AM – 10:45 AM Break
- 10:45 AM – 12:00 PM Workshop Sessions 2
- 12:00 PM – 1:30 PM LUNCH (Provided)
- 1:30 PM – 2:45 PM Workshops Sessions 3
- 2:45 PM – 3:00 PM Break
- 3:00 PM – 3:45 PM Closing / Evaluations

Questions?

Registration:
Flor.Olivas@itcaonline.com
(602) 292-1073

Conference:
Jackie.Edwards@itcaonline.com
(602) 769-6880

Inter Tribal Council of Arizona, Inc.—Area Agency on Aging, Region 8
2214 North Central Avenue, Suite 100 | Phoenix, Arizona 85004



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Tuesday, March 31, 2026 | Sheraton Mesa Hotel at Wrigleyville West | Mesa, AZ

Registration Form

1. PARTICIPANT INFORMATION (Print clearly. Complete all information below.)

(Name will appear on name tag / Confirmation letter will be sent by email)

Name: _____

Senior Center: _____

Tribe/Organization: _____

Mailing Address: _____

City: _____

State: _____

Zip: _____

Phone: _____

Email : _____

I am registering as (check one):

Elder (age 55+)

Formal / Informal Caregiver

Advocate

Grandparent Raising Grandchildren

Service Provider

Other: _____

2. E-MAIL REGISTRATION (No onsite registration will be available)

E-mail registration form to Flor.Olivas@itcaonline.com. There is no cost to attend. The last day to register is March 23, 2026, or when conference capacity is met. A registration confirmation letter will be emailed by ITCA-AAA, Region 8.

Please attach a list of participants' names, if registration is for more than one person.

5. REGISTRATION CANCELLATION

To cancel your registration, please e-mail Flor.Olivas@itcaonline.com or call (602) 292-1073 at your earliest convenience to ensure your spot can be filled by another participant.

6. EMERGENCY CONTACT INFORMATION

Person to contact in the event of an emergency: _____

Relationship: _____ Phone: _____



7. PHOTOGRAPHY DISCLAIMER

By virtue of my signature, I authorize ITCA-AAA Region 8, and AICOA, to use any photographic image taken of me during the AICOA mini-conference for any future publications.

8. REGISTRATION WAIVER

In consideration of my being accepted into this event, I, _____, (print name) the undersigned, intending to be legally bound, do hereby, for myself, my heirs, my personal representatives and assigns, waive, release, and forever discharge any and all rights and claims for damages which I may have or may hereafter occur to me against the Inter Tribal Council of Arizona, Inc., Area Agency on Aging, Region 8, the Sheraton Mesa Hotel at Wrigleyville West, the Arizona Indian Council on Aging, committees, volunteers, or any agents, representatives, successors and/or any other corporation or individuals associated with the event, from any and all damages, claims, injuries or actions sustained or suffered in connection with my association or entry in or arising out of my participation in said conference. I attest and verify that I have full knowledge of the risks involved and that I am physically able to participate in this conference.

Participant Signature (Required)

Date

Questions?

Registration
Flor.Olivas@itcaonline.com
Phone: (602) 292-1073

Conference
Jackie.Edwards@itcaonline.com
Phone: (602) 769-6880