

IN-PERSON TRAINING

Milk & Memory: Echoes from the Womb – An Intergenerational Storytelling Workshop for Maternal Healing & Cultural Reclamation

SEPTEMBER 23 & 24, 2025 9:00 AM - 4:00 PM MST/PHX SHERATON MESA HOTEL AT WRIGLEYVILLE WEST

860 N RIVERVIEW, MESA, AZ 85201



TRAINING OBJECTIVES

- >>> Identify and understand the manifestations of ancestral trauma in individuals and communities
- >>> Reflect on personal family histories to recognize sources of ancestral trauma
- Learn and practice various storytelling techniques to craft personal narratives
- Develop strategies to integrate storytelling into personal and community healing practices

FREE | 30 SPOTS AVAILABLE >>>





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