



IN-PERSON TRAINING

Milk & Memory: Echoes from the Womb – *An Intergenerational Storytelling Workshop for Maternal Healing & Cultural Reclamation*

SEPTEMBER 23 & 24, 2025

9:00 AM - 4:00 PM MST/PHX

SHERATON MESA HOTEL AT WRIGLEYVILLE WEST

860 N RIVERVIEW, MESA, AZ 85201



Angelica Lindsey Ali
"The Village Auntie"

TRAINING OBJECTIVES

- » Identify and understand the manifestations of ancestral trauma in individuals and communities
- » Reflect on personal family histories to recognize sources of ancestral trauma
- » Learn and practice various storytelling techniques to craft personal narratives
- » Develop strategies to integrate storytelling into personal and community healing practices

FREE | 30 SPOTS AVAILABLE »»»

