



THE FOUNDATIONS OF TRAUMA-INFORMED PERINATAL CARE

SEPTEMBER 16-18, 2025



9:00 AM - 4:30 PM MST/PHX
SHERATON MESA AT WRIGLEYVILLE WEST
860 N Riverview, Mesa, AZ, 85201

Counselors, maternal health professionals, social workers, community CHR's, and direct care staff are invited to join this
FREE 3-day IN PERSON
Adverse Childhood Experiences (ACEs) training

Training curriculum will highlight the 4 stages of ACEs:

- ✓ Developing a Trauma-Informed Approach
- ✓ Trauma-Informed Maternal Health
- ✓ Building Sustainability – Improving Maternal Health Outcomes
- ✓ Implementing Trauma-Informed Practice



HEATHER RIST
Rist Counseling, Consulting,
& Training, PLLC



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