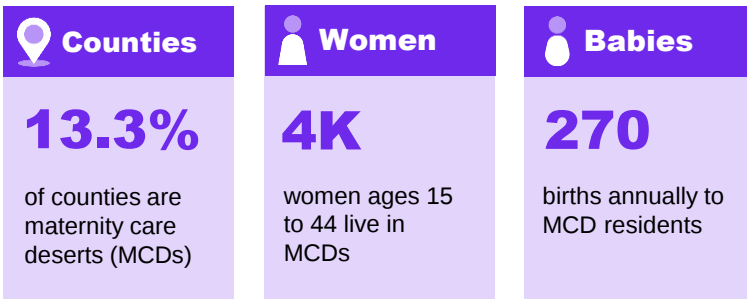


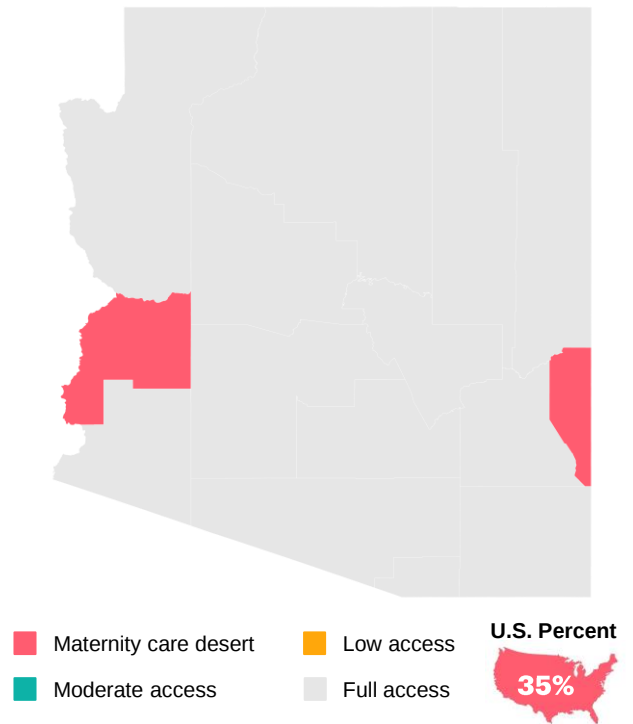
1 in 8 counties in Arizona are maternity care deserts, affecting nearly 4,000 women and 270 births annually

Limited access to maternity care can impact health outcomes for both mom and baby.



Data reflects access to maternity care as of 2024. For more information on designations and data sources, [see the full report](#).

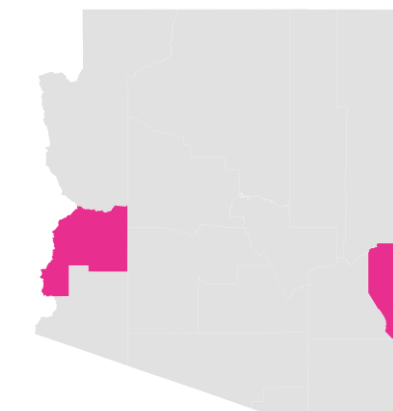
Maternity care access designations



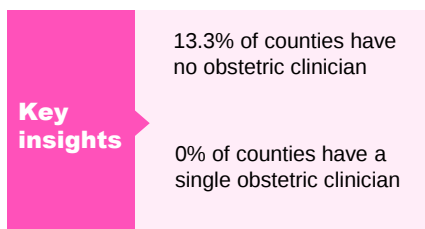
What is driving access in Arizona

Clinicians

Number of obstetric clinicians

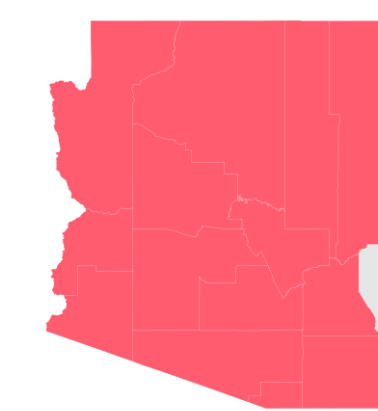


Clinicians (n): ■ 0 ■ 1 ■ >1

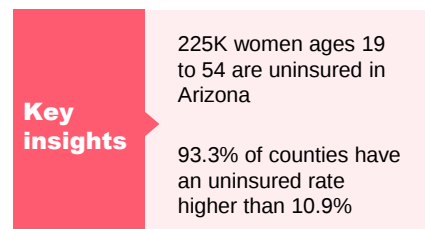


Insurance

Insurance coverage for women

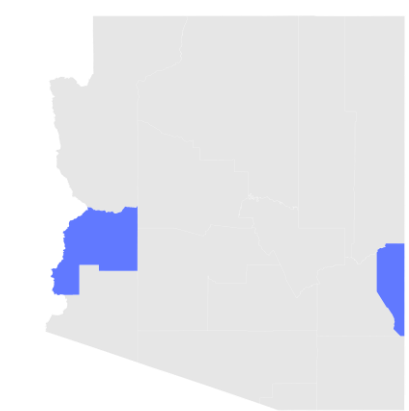


Uninsured (%): ■ ≥ 10.9% ■ < 10.9%

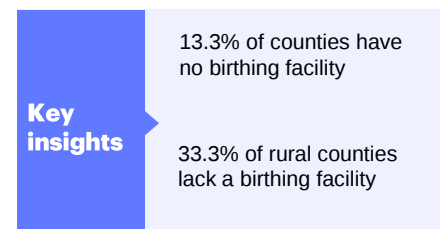


Birthing facilities

Number of birthing facilities



Birthing facilities (n): ■ 0 ■ ≥1



Learn more:
For full descriptions of policies, data sources, and technical notes, click [here](#) see the full report.



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Travel time to hospitals with labor and delivery services

Long travel times to care can increase risk for adverse outcomes during delivery and obstetric emergencies.

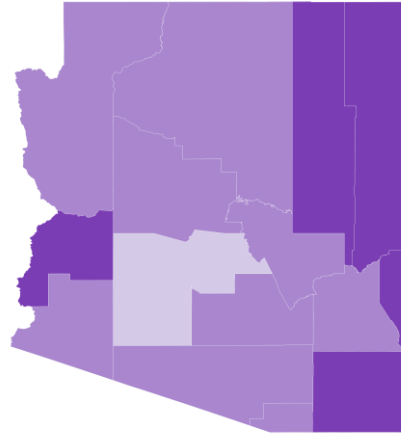
Key insights

On average, women in Arizona travel 17 minutes to reach their closest hospital with labor and delivery services

Women in maternity care deserts travel 3.5 times longer than those in full access counties

55K women in Arizona live more than 30 minutes from a hospital with labor and delivery services

Travel time to care



Time to care (minutes)

< 15

15-30

31-60

> 60

U.S. Average

16 mins



Adopted policies and opportunities



Adopted



Not adopted

Evidence-based policies can remove barriers, improve access, and save lives. Below are key policy levers that states can adopt to strengthen maternity care. All policy efforts were assessed as of 7/1/2026.

Medicaid eligibility



Expand income thresholds and postpartum coverage through 12 months.

Expansion



Postpartum extension



Independent billing and practice for doulas

Allow doulas to enroll as independent Medicaid providers.



Supportive midwifery policies



These supportive policies make it easier for midwives to provide care to low-risk obstetric patients.

Independent practice



Pay parity



Licensure of certified midwives



Admitting privileges



Prescriptive authority



Arizona expands mental health access for pregnant and postpartum women

In 2026, March of Dimes helped secure funding in the state budget for the Arizona Psychiatry Access Line (APAL) — a lifeline for pregnant and postpartum women in a state that ranks 49th for adult mental health access. APAL connects frontline providers with real-time, no-cost psychiatric consultation, so women don't go untreated in communities where specialists are scarce. With 91% of Arizona's mental health need unmet and maternal mental health conditions the number one cause of maternal death, this win matters. Since launching in 2023, APAL has already reached 93% of Arizona's counties, including rural maternity care deserts. This expansion ensures more mothers get the care they need when they need it.

APAL connects Arizona providers with real-time psychiatric support and ongoing education.



Learn more:

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