



Program Description: Native It's Your Game (Native IYG) is a web-based HIV, STD, and pregnancy prevention curriculum for American Indian and Alaska Native (AI/AN) youth. The program teaches about healthy relationships, life skills, communication, and refusal skills using interactive activities, videos, games, personalized "journaling" activities, tailored feedback, and individually tailored activities. It emphasizes abstinence, but also teaches learners how to protect themselves from pregnancy and sexually transmitted infections using medically accurate information.

Age group: Middle school (ages 12-14)

Setting: The curriculum has been delivered in schools, after-school programs, community centers, during weekend or summer camps, and other community settings.

Duration: Native IYG is comprised of thirteen 30-50 minute interactive lessons which can be delivered according to a schedule most convenient for hosting organization. An ideal schedule is 1-3 lessons per week.

Teacher to student ratio: Any

Cost: Free, excluding cost of printing per youth: 3 homework assignments, 10 fact sheets (printing is optional, but recommended), and 13 quizzes (printing is optional as quizzes are completed online).

Required technology:

- Lessons require Internet access **OR** the program can be downloaded onto a USB drive and uploaded to computers/laptops/tablets without internet access
- Because the lessons were designed to be individually tailored for each user, each youth requires:
 - A computer, laptop, or a tablet that runs on a Windows platform (iPads and Android tablets will not support Native IYG)
 - Headphones/ear buds (youths or provided by hosting organization)

Evaluation: Native IYG was evaluated with 402 AI/AN youth in Alaska, Arizona, and the Pacific Northwest. When compared to youth who used other health-related curricula, youth who used Native IYG had:

- More reasons not to have sex
- Better knowledge about STIs and how to use a condom
- More confidence about obtaining and using condoms

To access the curriculum, visit: www.HealthyNativeYouth.org