



RAISING HEALTHY NATIVE YOUTH

Through Culturally Relevant Health Education

HealthyNativeYouth.org contains health promotion curricula and resources for American Indian and Alaska Native youth. The site is designed for tribal health educators, teachers, and parents – providing the training and tools needed to access and deliver effective, age-appropriate programs. Filter and search for curricula by age-group, delivery setting, and evidence of effectiveness. Each program includes lesson plans, handouts, and supplemental materials. Many also include recorded videos and webinars to help prepare educators to facilitate lessons.

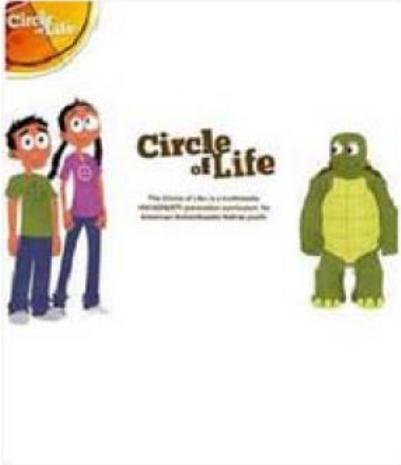
Engaging. Relevant. Effective.

The site currently includes sexual health, suicide and substance abuse prevention curricula, but will expand to include other health topics over the next year.

Arizona Contact

Questions? Please send inquiries to Jerri Thomas, Healthy Native Youth Specialist, at Jerri.thomas@itcaonline.com or call (602) 258-4822

CURRENT SEXUAL HEALTH CURRICULA



MULTIMEDIA CIRCLE OF LIFE (MCL)

Ages
Middle School

Program Setting
Flexible

[VIEW MORE](#)



NATIVE IT'S YOUR GAME

Ages
Middle School

Program Setting
Flexible

[VIEW MORE](#)



NATIVE STAND

Ages
High School

Program Setting
Flexible

[VIEW MORE](#)



NATIVE VOICES

Ages
High School,
Young Adults

Program Setting
Flexible

[VIEW MORE](#)




SAFE IN THE VILLAGE

Ages
High School

Program Setting
Flexible

[VIEW MORE](#)



WE R NATIVE TEACHER'S GUIDE

Ages
High School

Program Setting
Flexible

[VIEW MORE](#)