

# BEFORE YOU SHOP WITH WIC: A CHECKLIST!



## THE BASICS

### DO YOU...

☐ **Have your eWIC Card?**

Call your WIC clinic for a new card.

☐ **Know your eWIC PIN?**

Call the customer service line on the back of the card to set/reset the PIN.

### YOUR CLINIC'S PHONE #

### ITCA CUSTOMER SERVICE #

**800.360.6150**

## KNOW WHERE TO GO AND WHAT TO BUY

### DO YOU...

☐ **Have the WICShopper App on your phone?**

Download and install the app. →

### WITH THE WICSHOPPER APP, YOU CAN:

- View your WIC food benefit balance.
- Find a store that takes ITCA WIC.
- View the Food List.
- Scan foods at the store to see if they are WIC approved and in your food balance.
- Get alerts when your food benefits are about to expire.
- Find your clinic's phone number.

**1**

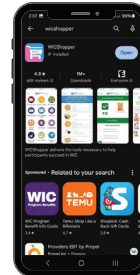
Scan the  
QR Code



or download at  
your App Store

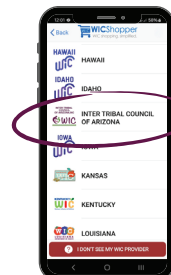
**2**

Install  
and Open



**3**

Select  
ITCA WIC



**4**

Enter your eWIC  
Card Number



**IF YOU HAVE QUESTIONS,  
YOUR WIC OFFICE IS HAPPY TO ASSIST YOU!**

## NOT INTO APPS?

### DO YOU HAVE YOUR...

☐ **Benefit Balance (List of foods to buy with WIC)?** You can go to the customer service desk at the store and ask them to print your Benefit Balance (do a balance inquiry).

☐ **ITCA WIC Authorized Food List?** You can find the food list at [itcaonline.com/wic](https://itcaonline.com/wic).

☐ **List of Authorized Stores or a Store selected?** You can find WIC stores at [itcaonline.com/wic](https://itcaonline.com/wic).

☐ **"Welcome to eWIC" handout?** The handout will give you the basics on shopping with eWIC and how to fix problems you may come across.