

Low-Fat and Nonfat Yogurt | page 1

Fat content is specified in your WIC benefits.

24 to 32 ounce Yogurt

Included

Any of the following brands of regular or Greek yogurt as specified below:

- 24 to 32 ounce size
- any flavor, unless specified

Not Included

- flavors or types other than what is specified
- yogurt mix-ins such as granola, candy pieces, honey, nuts, or similar ingredients
- yogurts that are drinkable

You can mix and match yogurt options up to the amount included in your benefits.

For example, 32oz of yogurt could be:

- one 32oz yogurt
- two 16oz packs
- one 6oz 4-pack and one 5.3 or 6oz yogurt
- six 5.3oz yogurts
- five 6oz yogurts

Store brands:



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Single Serving Yogurt and Yogurt Packs

Included

Any of the following brands of single serving sized yogurts and single serving yogurt packs:

- any flavor

Not Included

- any Go-Gurt other than Simply Go-Gurt
- yogurt mix-ins such as granola, candy pieces, honey, nuts, or similar ingredients
- yogurt pouches
- yogurts that are drinkable

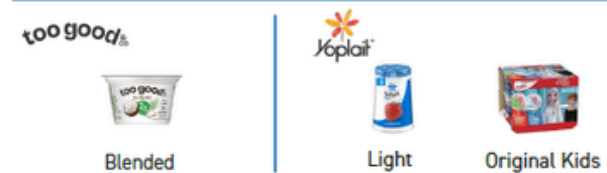
Store brands:



Chobani



DANNON



Whole Milk Yogurt

Fat content is specified in your WIC benefits.

24 to 32 ounce Yogurt

Included

Any of the following brands of regular or Greek yogurt as specified below:

- 24 to 32 ounce size
- any flavor

Not Included

- non-dairy yogurt
- yogurt mix-ins such as granola, candy pieces, honey, nuts, and similar ingredients
- yogurts that are drinkable



Single Serving Yogurt and Yogurt Packs

Included

Stonyfield Organic Kids Cups:

- 4 ounce 6-pack
- any flavor

Not Included

Any other brand of single serving yogurt.

