

Title III Nutritional Assessment: Congregate Meals

ITCA-AAA, Region 8

DAARS Reporting Overview

Page 1: Intake Information

Inter Tribal Council of Arizona, Inc., Area Agency on Aging, Region 8
Title III Congregate Meals - Nutritional Assessment

| | | | |
|--|---|---|----------------|
| <input type="checkbox"/> New <input type="checkbox"/> Reassessment <input type="checkbox"/> Change <input type="checkbox"/> Review <input type="checkbox"/> Close | | Assessment Date: | DAARS ID: |
| PART I: INTAKE INFORMATION | | | |
| A. Client Profile & Referral Information | | | |
| First Name: | | Last Name: | |
| SSN (optional): | | M.I. | |
| Date of Birth: | | Phone No. | |
| Mailing Address: | | | |
| City: | | State: | Zip code: |
| Information for interview was obtained from: | | | |
| <input type="checkbox"/> Self-report <input type="checkbox"/> Medical records <input type="checkbox"/> Other (specify): | | | |
| Name of referral source: | | Phone #: | Referral Date: |
| Eligibility Category: | | Eligible Client (associated with Spouse/Caregiver): | |
| <input type="checkbox"/> 60 and over <input type="checkbox"/> Spouse of client age 60 and over <input type="checkbox"/> Under 60 with a disability <input type="checkbox"/> Caregiver of eligible client | | Name: _____ | |
| | | SSN: _____ | |
| B. DEMOGRAPHICS | | | |
| Type of Disability: | | Ethnicity: | |
| <input type="checkbox"/> Physical <input type="checkbox"/> Intellectual disability/ Developmental disability (ID/DD) <input type="checkbox"/> Mental Illness | | <input type="checkbox"/> Traumatic Brain injury <input type="checkbox"/> Dementia <input type="checkbox"/> Other (specify): _____ <input type="checkbox"/> None: | |
| | | <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino <input type="checkbox"/> Declined to state | |
| Race: | Relationship Status: | Language: | |
| <input type="checkbox"/> Asian <input type="checkbox"/> Black/African American <input type="checkbox"/> Native Hawaiian or other Pacific Islander <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> White <input type="checkbox"/> Declined to state <input type="checkbox"/> Other (Specify): | <input type="checkbox"/> Divorced <input type="checkbox"/> Domestic partner <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Single <input type="checkbox"/> Widowed <input type="checkbox"/> Declined to state | <input type="checkbox"/> English <input type="checkbox"/> American Indian (w/Eng) <input type="checkbox"/> American Indian (w/o Eng) <input type="checkbox"/> Spanish (w/Eng) <input type="checkbox"/> Spanish (w/o Eng) <input type="checkbox"/> Other (Specify): _____ <input type="checkbox"/> Declined to state | |
| English Fluency: | Education: | | |
| <input type="checkbox"/> Fluent <input type="checkbox"/> Limited <input type="checkbox"/> Needs translation <input type="checkbox"/> Declined to state | <input type="checkbox"/> Grade school or less <input type="checkbox"/> Some high school <input type="checkbox"/> High school graduate | | |
| | <input type="checkbox"/> Post high school <input type="checkbox"/> College degree <input type="checkbox"/> Declined to state | | |

Please complete all sections on this page:

- Assessment Date is date form is completed
 - “New” if client is being added for first time
- DAARS ID is issued once client’s information is entered in DAARS
- Client Profile & Contact Information
 - Name (First, Last)
 - Date of Birth
 - SSN – Optional
 - Self Report is if the client is providing information
- Demographics
 - Please review each box and select those that apply

Page 2: Nutritional Status

Title III Congregate Meals - Nutritional Assessment

| Client's Name: _____ | | DAARS ID: _____ | | |
|---|--|--|---|--|
| Residence Type: <input type="checkbox"/> Apartment <input type="checkbox"/> Mobile <input type="checkbox"/> Assisted Living facility <input type="checkbox"/> Nursing home <input type="checkbox"/> Board and care <input type="checkbox"/> Declined to state <input type="checkbox"/> DD group home <input type="checkbox"/> Other (specify): _____ <input type="checkbox"/> Foster care <input type="checkbox"/> House | | Living Arrangement: <input type="checkbox"/> No pay <input type="checkbox"/> Owns <input type="checkbox"/> Rents <input type="checkbox"/> Subsidized <input type="checkbox"/> N/A <input type="checkbox"/> Declined to state | Number in Household: | |
| Household Composition: <input type="checkbox"/> Institutionalized <input type="checkbox"/> With parent(s) <input type="checkbox"/> Lives alone <input type="checkbox"/> With spouse <input type="checkbox"/> With domestic partner <input type="checkbox"/> Declined to state <input type="checkbox"/> With non-relative(s) <input type="checkbox"/> Other (specify): _____ <input type="checkbox"/> With other relative(s) | | Urban/Rural: <input type="checkbox"/> Rural <input type="checkbox"/> Urban <input type="checkbox"/> Declined to state | At or Below 100% FPL: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Declined to state | Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Unknown |
| Veteran: <input type="checkbox"/> No <input type="checkbox"/> Child <input type="checkbox"/> Spouse <input type="checkbox"/> Veteran (Veteran #): _____ <input type="checkbox"/> Declined to state | | Legal Status: <input type="checkbox"/> Independent <input type="checkbox"/> Conservator <input type="checkbox"/> Guardian <input type="checkbox"/> DP7 Payee <input type="checkbox"/> Child <input type="checkbox"/> Declined to State <input type="checkbox"/> LTC Payee <input type="checkbox"/> Other (Specify): _____ | | |
| Emergency Contact (First, Last Name): _____ | | | | |
| Relationship: _____ | | Phone #: _____ | | |
| PART II: NUTRITIONAL STATUS | | | | |
| Does the client have a special diet? | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, specify: _____ | | |
| Does the client have a food allergy? | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, specify: _____ | | |
| Nutritional Screening (Check all that apply and total the score shown for each selected responses): | | | | |
| <input type="checkbox"/> I have an illness or condition that changed the kind and/or amount of food I eat. (2) | <input type="checkbox"/> I don't always have enough money to buy the food I need. (4) | | | |
| <input type="checkbox"/> I eat fewer than 2 meals per day. (3) | <input type="checkbox"/> I eat alone most of the time. (1) | | | |
| <input type="checkbox"/> I eat few fruits or vegetables or milk products. (2) | <input type="checkbox"/> I take 3 or more different prescribed or over-the-counter drugs a day. (1) | | | |
| <input type="checkbox"/> I have 3 or more drinks of beer, liquor or wine almost every day. (2) | <input type="checkbox"/> Without wanting to, I have lost or gained 10 pounds in the last 6 months. (2) | | | |
| <input type="checkbox"/> I have tooth or mouth problems that make it hard for me to eat. (2) | <input type="checkbox"/> I am not always physically able to shop, cook and/or feed myself. (2) | | | |
| Total Score (0-2 is good, 3-5 is moderate nutritional risk, 6 or greater is high nutritional risk): | Height (optional): _____ | Weight (optional): _____ | | |
| Comments: _____ | | | | |

Please complete all sections on this page:

- **Demographic Questions:**
 - Residence Type
 - Living Arrangement
 - Number in Household
 - Household Composition
 - Urban/Rural
 - At/Below 100% Federal Poverty Level (FPL)
 - Gender
 - Veteran
 - Legal Status
- **Emergency Contact**
 - Provide a name and phone number
- **Nutritional Status**
 - Complete all questions, if none apply to client, please note in comments

Page 3: Service Enrollment

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| | | | |
|---|--|--|--|
| Client's Name: | | DAARS ID: | |
| PART III: SERVICE ENROLLMENTS | | | |
| <input checked="" type="checkbox"/> Open <input type="checkbox"/> Change <input type="checkbox"/> Close <input type="checkbox"/> Continue | | Provider/Subcontractor: Kaibab Band of Paiute Indians | |
| Scope of Work: Title III Congregate Meals | | Enrollment Status: <input checked="" type="checkbox"/> Enrolled <input type="checkbox"/> Disenrolled <input type="checkbox"/> Waitlisted | |
| Units: 23 | Frequency Period: <input type="checkbox"/> One time <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input checked="" type="checkbox"/> Monthly <input type="checkbox"/> Other: | | |
| Comments: | | | |

Please complete the following:

- Select "Open" if the client is new
- Input the name of the tribe (subcontractor)
- Scope of Work – Please type "Title III Congregate Meals"
- Enrollment status – Select "Enrolled" if client is new
- Units – Input "23" as the total amount, if more units then adjust according to meals provided to client on daily basis per month
- Frequency Period – Select "Monthly"
- Comments – Enter any comments regarding client's service enrollment status

Page 3: Authorization

Please have client initial in the following areas:

PART IV: AUTHORIZATION

I have received a copy of the Clients Rights and Responsibilities and I certify by my signature or mark that I understand my rights and responsibilities, and that the information provided on this form, as it relates to my request and eligibility, is true and correct.

The service plan has been discussed with me and I agree with the described services. I have received a copy of the grievance and appeals procedure, and I understand that if I disagree with any action taken in my case, I have the right to present a verbal or written request for a fair hearing.

I was provided the opportunity to contribute voluntarily to the cost of services.

| | | |
|-------------------------------|--------------------|------|
| Client's Signature or Mark | Date | |
| Responsible Party's Signature | Relationship | Date |
| Worker's Name | Worker's Signature | Date |

Client initials on three lines

Client signature and date

Worker's Name, Signature & date

Contact Information

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