



## Meeting Agenda

<u>Time</u>	<u>Topic of Discussion</u>	<u>Designated Staff</u>
9:00 AM	<i>Welcome &amp; Introductions</i>	
	<b>Description of Programs</b>	
9:30 AM	<ul style="list-style-type: none"> <li>• Transportation</li> <li>• Congregate &amp; Home Delivered Meals</li> <li>• Caregiver Outreach</li> <li>• Caregiver Training</li> <li>• Caregiver Information &amp; Referral</li> <li>• Respite</li> <li>• Chronic Disease Self-Management Program</li> <li>• EnhanceFitness</li> <li>• Matter of Balance</li> <li>• Socialization &amp; Recreation</li> <li>• Long Term Care Ombudsman Program</li> </ul>	<b>ITCA – AAA Staff</b>
	<b>AAA Title III &amp; VI Program Updates</b>	
10:30 AM	<ul style="list-style-type: none"> <li>• FY18 Funding Updates</li> <li>• FY19 NOGAS</li> </ul>	<b>Lauri Atcitty</b> AAA Program Director
	<b>Menu Analysis</b>	
12:00 PM	Behind the scenes look at what goes into menu analysis and approval	<b>Heidi Robertson</b> AAA Program Specialist
12:30 PM	<i>Lunch and tour of the SRPMIC Senior Center</i>	
2:00 PM	<b>EnhanceFitness Class (Lehi Community Building)</b>	<b>EnhanceFitness Instructor</b>
	<b>AAA Title III &amp; VI Program Updates</b>	
3:00 PM	<ul style="list-style-type: none"> <li>• Nutrition Program</li> <li>• Public Benefits</li> <li>• Long Term Care Ombudsman</li> <li>• Grandparents Raising Grandchildren</li> <li>• Caregiver Program</li> <li>• Falls Prevention, CDSMP, Enhance Fitness</li> </ul>	<b>ITCA – AAA Staff</b>
	<b>Discuss Next Quarterly Meeting</b>	
3:30 PM	<ul style="list-style-type: none"> <li>• Topics</li> <li>• Location</li> </ul>	
4:00 PM	<i>Meeting Adjourned</i>	

*Heidi Robertson, Program Specialist*

ITCA - Area Agency on Aging, Region 8, 2214 N. Central Ave., Phoenix, AZ 85004

Ph. (602) 258-4822/Website: [www.itcaonline.com](http://www.itcaonline.com)