

XYLITOL

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Look for it in chewing gum and candy.

Studies indicate:

A 70% reduction in tooth decay among children whose mothers chewed Xylitol sweetened gum.

-Journal of Dental Research 2000

School children had a 60% reduction in tooth decay by chewing gum or candy with Xylitol.

-Community Dentistry & Oral Epidemiology 2000

Helps prevent transmission of cavity causing bacteria (mutans streptococci) from mother to child in early childhood.

-Journal of Dental Research 2000

- Enjoy it at least 3 times a day for at least 10 minutes
- After meals or as a snack
- Safe for adults and children over 6 years age

Xylitol is a naturally occurring sweetener with the same sweetness as sugar and unique dental benefits. It is widely used in sugar free chewing gum.

