

August is

National

Breastfeeding Month

You can support breastfeeding anytime, anywhere!



WABA | WORLD BREASTFEEDING WEEK 2019



Inform people how they can support breastfeeding



Anchor parent protection policy changes



Engage with other programs for greater impact



Spark action on protecting, promoting and supporting breastfeeding

Breastfeeding is a team effort.



Hospital Support

The experiences mothers and newborns face in the hospital can affect breastfeeding success.



Family Support

Help and support from family members can help mom breastfeed successfully.

Workplace Support

Returning to work increases separation from baby and affects milk supply if expressing breast milk is not supported.

