## Inter Tribal Council of Arizona, Inc. WIC Program FY 2015-2018 Minimum Stock Criteria Effective April 1, 2015

The Vendor shall have the WIC authorized food items in brands, quantities and varieties as specified in the table below. WIC authorized items shall be only those listed on the Arizona WIC Programs Food List. Vendor will adequately stock contracted infant formulas.

| $\begin{aligned} & \text { FOOD } \\ & \text { ITEM } \end{aligned}$ | BRAND/TYPE | QUANTITIES REQUIRED TO STOCK | SIZE | \# OF <br> VARIETIES | NOT ALLOWED |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Milk | Store/house (declared) brand only of refrigerated milk | 12 gallons and 43 half gallons | Gallon containers <br> Half gallon containers | Must carry 6 gallons and 23 gallons of whole milk <br> and and Must carry 6 gallons and 23 half gallons of $1 \%$ or skim milk. | No chocolate milk, flavored milk, buttermilk, acidophilus milk, half and half, rice milk, raw milk, sweetened condensed milk, creamers, filled milk or organic milk. |
| Cheese | Store/house (declared) brand only plain domestic prepackaged <br> Only these types: <br> - Cheddar (includes longhorn) <br> - Colby (includes longhorn) <br> - Monterey Jack <br> - Mozzarella, including string cheese <br> Blended cheeses of the above are allowed (i.e. Colby jack). | 4 pounds | 161 pound | (2 varieties | No diced, grated, shredded or sliced cheese, cheese from deli counter, random weight cheese, cheese with added peppers or ingredients, imported cheese, processed American cheese, processed cheese food, cheese product or cheese spread, cream cheese and no cheese sticks or swirls and no organic cheese. <br> No packages less than 16 ounces. |
| Yogurt | Only these brands: <br> - Brown Cow <br> - Dannon <br> - Essential Everyday <br> - Food Club <br> - Great Value <br> - Kroger <br> - Lucerne <br> - La La <br> - Market Pantry <br> - Mountain High <br> - Yoplait | 4 containers | 32 ounce containers | 2 flavors and <br> 1 container whole milk yogurt <br> and <br> 3 containers low-fat or non-fat yogurt | No yogurts with mix-ins such as granola, candy pieces, honey, nuts and similar ingredients. Nor yogurts that are Greek, organic or drinkable. |
| Eggs | Store/house (declared) brand only, fresh, raw, | 4 dozen | Medium or large in one | N/A | No specialty eggs, low cholesterol, DHA, |


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|  | white chicken eggs |  | dozen cartons |  | organic, free range, cage free, nest and fertile, extra-large or jumbo size eggs, brown eggs, eggs in six pack cartons or egg substitutes. |
| Beans | Any brand and type of dry beans, peas or lentils in one pound packages. | 4 pounds | 16 ounce16ounce package | (1) one variety2 varieties of beans, peas or lentils. | No green, yellow, or wax beans, fresh or frozen beans, refried beans, bean soup mixes with flavoring packets/spices, snap beans and no gourmet or organic beans. No bulk beans |
| Canned Beans | SpringfieldAny brand of :pinto, black, garbanzo, cannellini, white kidney, great northern, red kidney, black-eyed peas, navy, red, pink and lima | 8 cans8cans | Up to 16 ounce cans | Must carry 2 varieties and 1 must be pinto beans | No beans with added fat, oil, seasoning, spices or meat, no pork and beans, baked beans, chili beans or refried beans. No peas or lentils, Cajun, barbecue or ranch style beans. No sugar added except for sugar used to process beans, e.g. kidney beans. |
| Peanut <br> Butter | Any brand of plain, smooth, chunky, natural, low sodium or low sugar peanut butter | 2 jars | 16 to 18 ounce jars | N/A | No peanut butter spread, peanut butter with added jams, jellies, chocolate, DHA, omega-3 or honey, peanut butter in tubes or organic peanut butter. |
| Canned Fish | Any brand of water packed chunk light tuna | 6 cans of tuna <br> and | 5 ounce5ounce cans | N/A | Tuna: No solid white or Albacore tuna, tuna with soy protein added, oil packed tuna, prime fillet, lunch kit tuna mix, tuna packed in pouches, tuna with added ingredients, flavored or seasoned tuna. |
|  | Any brand of water packed pink salmon <br> Any brand and any type of sardines | 6 cans of salmon <br> and <br> 8 cans of sardines | 5 ounce cans <br> 3.75 ounce cans | N/A <br> N/A | Salmon: No salmon with added ingredients, red salmon, salmon in pouches, flavored or seasoned salmon, Atlantic salmon or fillets. <br> Sardines: No Brisling or Norwegian sardines. |
| Cereal | Only these brands for Cold Cereal: <br> Crispy Rice: Best Yet, Essential Everyday, First | 12 boxes of cold cereal | 14 ounces or larger of cold cereal in bags or boxes | Must carry (3 varieties of cold cereal and at least half | Cold Cereal <br> - Cold cereals less than 14 ounces <br> - Variety packs |


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| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Street, Food Club, Great Value, Kroger, Safeway <br> Toasted Oats: Best Yet, Clear Value, Essential Everyday, First Street, Food Club, Great Value, Hy-Top, IGA, Kroger, Safeway, Special Value, and Valu Time <br> Crispy Rice: Best Yet, Essential Everyday, First Street, Food Club, Great Value, Kroger and Safeway <br> General Mills: *Total, Kix (plain), *Cheerios (plain and Multigrain), and Chex (Corn, Rice and *Wheat) <br> Kellogg's: Corn Flakes, Special K Original, *All- <br> Bran CompleteWheat <br> Flakes, *Frosted Mini <br> Wheats Original, and Rice Krispies <br> Malt-O-Meal: *Frosted Mini Spooners and Crispy Rice <br> Post: Great Grains Banana Nut Crunch, Honey Bunches of Oats (Honey Roasted, Almond, and *Vanilla Bunches), *Grape Nuts Original, Grape Nuts Flakes <br> Quaker: Life (Original), <br> *Oatmeal Squares (Brown <br> Sugar and Cinnamon) <br> Only these brands for hot cereal: <br> Cream of Wheat: <br> Instant Original Flavor individual packets <br> Malt O' Meal: <br> Original hot wheat cereal <br> Quaker Instant Oatmeal: <br> *Original individual | and <br> 2 boxes of hot cereal | and <br> 11.8 ounces or larger of hot cereal in boxes | must be whole grain (*) and (1 variety of hot cereal | - Frosted cereals except those listed as allowed <br> - Organic <br> Hot Cereal <br> - Hot cereals less than 11.8 ounces <br> - Added raisins, fruit or nuts <br> - Variety packs <br> - Organic |


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|  | packets <br> (*) Indicates Whole Grain |  |  |  |  |
| Juice | Only these brands of $100 \%$ juice : <br> 64 oz . shelf stable juice: <br> - Seneca apple <br> - Treetop apple <br> - Welch's grape and white grape <br> - Langers apple, grape, white grape and pineapple <br> - Western Family apple and grape <br> - Shurfine apple and grape <br> - Campbell's tomato <br> - Any brand orange or grapefruit <br> Only these brands of $100 \%$ juice: <br> 64 oz . refrigerated juice: <br> - Any brand orange <br> Only these brands of $100 \%$ juice: <br> 11.5-12 oz. frozen concentrate: <br> - Seneca apple <br> - Dole pineapple <br> - Dole pineapple-orange <br> - Old Orchard apple, grape, and pineapple <br> - Treetop apple <br> - Welch's grape and white grape <br> - Langers apple <br> - Western Family apple and grape <br> - Shurfine apple <br> - Any Brand orange and grapefruit | 4 shelf stable or refrigerated and 6 frozen | 64 ounce containers and <br> 11.5-12 ounce frozen containers | Shelf stable or refrigerated: 3 varieties and 1 must be orange juice <br> Frozen concentrate: (2 varieties | No added sugar or sweetener or organic juice. <br> No Odwalla or Naked brands. |
| Infant Formula | Similac Advance | 27 cans | 12.4 ounce cans | N/A |  |
|  | Enfamil ProSobee | 9 cans | 12.9 ounce cans | N/A |  |
| Infant Cereal | Gerber or Beech Nut brands only, plain single grain without fruit | 6 packages | 8 ounce packages | (2 varieties and 1 must be rice cereal | No infant cereal with added fruit, sugar, yogurt, formula or DHA/ARA, |


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|  |  |  | 16 ounce containers |  | jars, cans or single serving cups, high protein, mixed cereals or organic infant cereal. |
| Infant <br> Fruits <br> and <br> Vegetables | Only these brands of , Stage 2, any single variety or combination of plain fruits or vegetables in 4 oz . containers : <br> - Beechnut <br> - Gerber <br> - Mom's Natural Choice <br> - Mom to Mom <br> - Parent's Choice <br> - Tippy Toes | 128 containers | 4 ounce containers can be single containers, 2packs or both. | (4 varieties of fruits and 4 varieties of vegetables | No infant fruits and vegetables with added salt, sugar or starches, desserts, dinners and food combinations, added formula, cereal or DHA/ARA, smoothies or organic infant foods. |
| Infant <br> Meats | Only these brands of , single ingredient infant meats with added broth or gravy: <br> - Beechnut <br> - Gerber <br> - Mom's Natural Choice <br> - Mom to Mom <br> - Tippy Toes | 31 | 2.5 ounce containers | 2 varieties | No infant food meats with added salt or sugar, dinners or food combinations, meat sticks or organic infant meats. |
| Whole <br> Wheat <br> Bread | Only these brands for $100 \%$ Whole Wheat Loaves of bread: <br> - Any store brand labeled $100 \%$ Whole Wheat bread (including bakery) <br> - Bimbo $100 \%$ Whole Wheat Bread <br> - Roman Meal Sun Grain 100\% Whole Wheat Bread <br> - Sara Lee Classic 100\% Whole Wheat Bread <br> - Wonder 100\% Whole Wheat Bread <br> - Nature's Own 100\% Whole Wheat Bread <br> - Oroweat 100\% Whole Wheat Bread <br> - Ozark Hearth $100 \%$ Whole Wheat Bread | 6 | 16 ounces | Loaves only | - Gluten-free <br> - Diet, light or low carb <br> - Mini loaves <br> - Pita or flat bread <br> - English muffins <br> - Sandwich thins or rounds <br> - Bagels <br> - Buns <br> - Rolls <br> - Organic |
| Whole Wheat Pasta | - DeLallo <br> - Hodgson Mill | 4 packages | 16 ounce packages | Any variety/type (spaghetti, macaroni, etc.) | No pastas that list any flours other than whole wheat and / or whole durum wheat flour in the ingredients. No pastas with added sugars, fats, oils or salt. |


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| :---: | :---: | :---: | :---: | :---: | :---: |
| Fresh fruit and vegetables | Any variety of fresh fruit. | 15 | Pounds | Fruits: 3 varieties of fresh fruit. | Fruit: No dried fruit, fruit-nut mixtures, fruit with dipping sauces, fruit for purchase on salad bars, ornamental fruits, fruit baskets, party trays, items such as blueberry muffins, fruit with added sugar, fat, oil or salt. |
|  | Any variety of fresh vegetables. <br> Vegetables: | 15 | Pounds | Must carry <br> Vegetables: <br> Must carry 5 varieties of fresh vegetables, not including potatoes. | Vegetables: No kits with dressings or dipping sauce, herbs and spices, edible blossoms such as squash blossoms, creamed or sauced vegetables, vegetablegrain mixtures, breaded vegetables, vegetables for purchase on salad bars, salad kits, ornamental vegetables, such as chilies on a string, painted pumpkins, party trays, vegetables with added sugar, fat, oil or salt. |
| Fresh <br> Bananas | Any size fresh bananas | 16 bananas | Any size | N/A | No plantains or cooking bananas. |
| Soy Milk | Pacific Ultra Soy 32 oz. shelf stable, original and vanilla only $8$ | None but if client has check for soy milk, vendor must order soy milk and have for the client within (5) five calendar days. | 32 ounces shelf stable | Original and Vanilla | Any flavor other than original or vanilla. <br> - Soy milk with added DHA/ARA. <br> - Pacific Ultra Soy chocolate or organic. <br> - 8th Continent chocolate, light, fatfree, organic or complete vanilla. |
|  | $\begin{aligned} & 8^{\text {th }} \text { continent, } 1 / 2 \text { gallon } \\ & \text { refrigerated, original and } \\ & \text { vanilla only } \\ & \text { Or } \\ & \hline \end{aligned}$ |  | 1/2 gallons | Original and Vanilla |  |
|  | Silk, $1 / 2$ gallon, refrigerated, original only |  | 1/2 gallons | Original only |  |
| Tofu | Only these brands of 16 ounces, water packed any texture calcium-set tofu: <br> - Azumaya <br> - House Foods | None but if client has check for tofu, vendor must order tofu and have for the client within (5) five calendar days. | Packages up to 16 ounces | N/A | No organic tofu. <br> No tofu with added fats, sugar, oils or sodium. |

