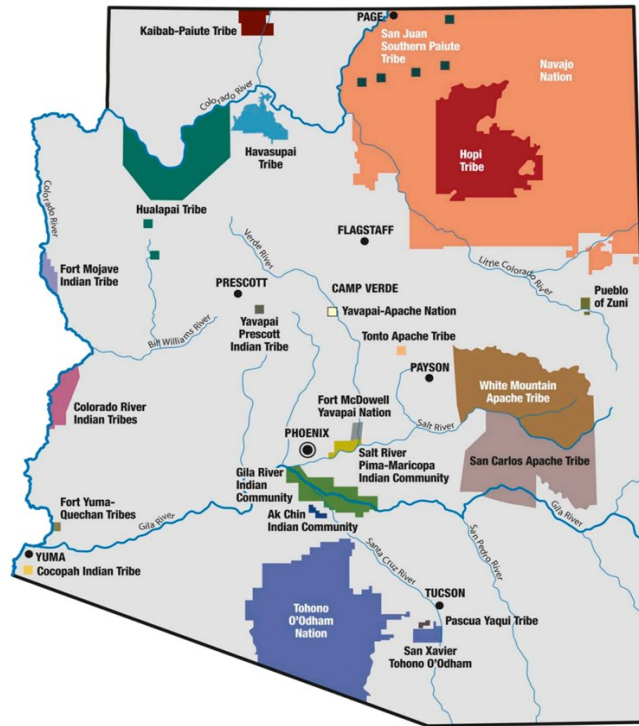


**Inter Tribal Council of Arizona, Inc.**  
**Area Agency on Aging, Region 8**  
**Service Area**

Ak-Chin Indian Community  
Cocopah Tribe  
Colorado River Indian Tribes  
Fort McDowell Yavapai Nation  
Fort Mojave Indian Tribe  
Gila River Indian Community  
Havasupai Tribe  
Hopi Tribe  
Hualapai Tribe  
Kaibab Band of Paiute Indians  
Pascua Yaqui Tribe  
Pueblo of Zuni  
Quechan Tribe  
Salt River Pima-Maricopa Indian Community  
San Carlos Apache Tribe  
San Juan Southern Paiute Tribe  
Tohono O'odham Nation  
Tonto Apache Tribe  
White Mountain Apache Tribe  
Yavapai-Apache Nation  
Yavapai-Prescott Indian Tribe



**CONTACT US**

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**Phoenix, Arizona 85004**

Website

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**Advocating for**  
**American Indian Elders**  
**Arizona Indian Council of Arizona**  
**(AICOA)**



**VISION STATEMENT**

AICOA is a voice advocating the concerns, issues and needs of elders to live a strong, safe and healthy life. AICOA empowers elders to influence tribal and federal leaders to provide needed services in their community.

# ADVOCATING FOR ELDERS LIVING IN TRIBAL COMMUNITIES

Since 1979, the Arizona Indian Council on Aging (AICOA) has been the advisory board for the Inter Tribal Council of Arizona, Inc., Area Agency on Aging Region 8 (ITCA-AAA). AICOA continues to help elders voices be heard on issues affecting their lives.



## What does AICOA do?

AICOA meets four times a year to:

- ◆ Assist AAA in developing the Area Plan on Aging
- ◆ Facilitate and participate in AAA Public Hearings
- ◆ Represent the interest of elders
- ◆ Review and recommend on all proposed policies, and programs that affect elder interests
- ◆ Represent and advocate on behalf of Tribal elders at the local, state and federal level



## Who can become a member?

- ◆ Adults age 55 and older
- ◆ Appointed by the Tribe to be represented
- ◆ May not be a board member of the Inter Tribal Council of Arizona

The membership consists of a representative and an alternate from each ITCA Member Tribe and serves a four year term.

## What is advocacy?

When a person speaks on issues that affect their lives or the lives of others at the local, state, and national level

## How can you be an advocate?

By educating policymakers about the needs of your community, organization or the people you serve

## How can you help?

- ◆ Visit your elder center and learn about the services available to you
- ◆ Get to know your AICOA Representative or Alternate and ask them about AICOA
- ◆ Understand what issues you and your peers face
- ◆ Tell your story with your AICOA representative, tribal leader, state district legislator or federal district congressmen

**Aging...**

**If it's not your issue...it will be.**