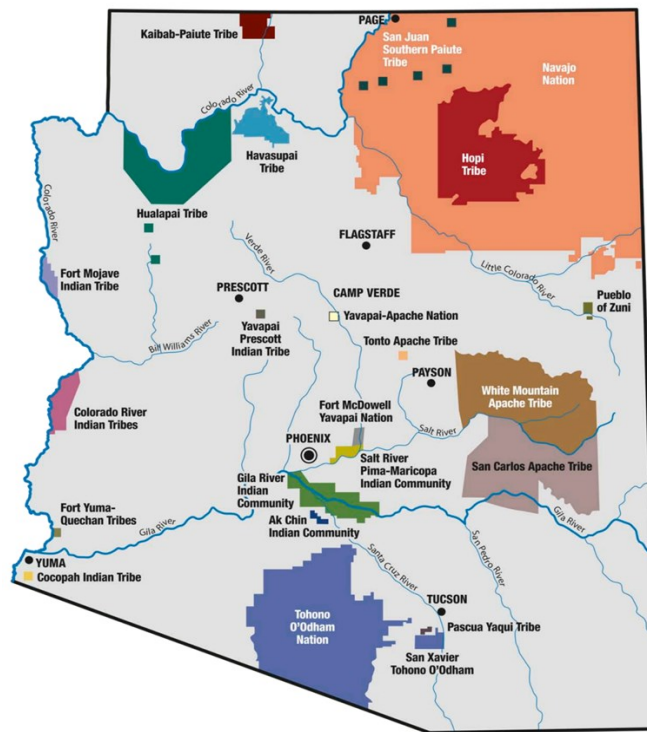


**Inter Tribal Council of Arizona, Inc.**  
**Area Agency on Aging, Region 8**  
**Service Area**

Ak-Chin Indian Community  
 Cocopah Tribe  
 Colorado River Indian Tribes  
 Fort McDowell Yavapai Nation  
 Fort Mojave Indian Tribe  
 Gila River Indian Community  
 Havasupai Tribe  
 Hopi Tribe  
 Hualapai Tribe  
 Kaibab Band of Paiute Indians  
 Pascua Yaqui Tribe  
 Pueblo of Zuni  
 Quechan Tribe  
 Salt River Pima-Maricopa Indian  
 Community  
 San Carlos Apache Tribe  
 San Juan Southern Paiute Tribe  
 Tohono O'odham Nation  
 Tonto Apache Tribe  
 White Mountain Apache Tribe  
 Yavapai-Apache Nation  
 Yavapai-Prescott Indian Tribe



**CONTACT US**

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**Phoenix, Arizona 85004**

**Website**

[www.itcaonline.com/aaa](http://www.itcaonline.com/aaa)

**Call**

**(602) 258-4822**

**Fax**

**(602) 258-4825**



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**Serving**  
**American Indian Elders**

**Inter Tribal Council of Arizona, Inc.**  
**Area Agency on Aging, Region 8**



**MISSION STATEMENT**

Promoting the highest quality of life for American Indian Elders of Arizona and supporting tribal systems development through technical assistance, advocacy, coordination of tribal community-based services, and education.

# SERVING ELDERS IN TRIBAL COMMUNITIES

The Inter Tribal Council of Arizona, Inc., Area Agency on Aging Region 8 (ITCA-AAA) is a designated “Agency” under the guidelines of the Older Americans Act of 1965. The Agency works with member Tribes of ITCA to deliver needed services to elders in Arizona.

## What services are available?

Since 1979, the Area Agency on Aging Region 8 continues to coordinate the delivery of these core services:

- ♦ **Advocacy** - *speaking on issues that affect elder’s lives and the lives of others at the local, state, and national level*
- ♦ **Family Caregiver Support Services**
- ♦ **Health Promotion & Disease Prevention**
- ♦ **Independent Living Support Services**
- ♦ **Long Term Care Ombudsman Support**
- ♦ **Nutrition Services**
- ♦ **Program Development** - *supporting Tribes to develop new programs or expand existing programs that benefit elders*
- ♦ **Public Benefits Education & Assistance**
- ♦ **Supportive Services**



## Who is eligible for services?

- ♦ Adults age 55 and older
- ♦ Persons with disabilities
- ♦ Unpaid caregivers

Additional eligibility requirements may vary by program. Client contributions are encouraged and are vital for the continuation of programs and services.

## Aging in Arizona

- ♦ **1 in 4** people will be age 60 and older by 2030<sup>1</sup>
- ♦ **28%** of Arizona’s land base is **Tribal lands**
- ♦ **More than 30%** of adults 60 and over have one or more disabilities, including disabilities affecting self-care<sup>1</sup>
- ♦ **39.6%** of American Indian/Alaska Natives living on Tribal lands **live in poverty**<sup>2</sup>



## Aging...

**If it’s not your issue...it will be.**

The Area Agency on Aging Region 8 works with ITCA Member Tribes and successfully administers Older Americans Act Title III, Title VI and Title VII grants.

1. Department of Economic Security, Arizona State Plan on Aging 2015-2018. Accessed at [www.azdes.gov](http://www.azdes.gov)

2. Arizona Board of Regents 2013, the state of indian country arizona I volume I. Accessed at <http://azcia.gov/links.asp>