

A large, stylized illustration of many hands of various skin tones (ranging from light to dark brown) reaching towards a central circular emblem. The emblem features intricate geometric patterns, possibly representing a traditional Native American design. The background is a warm, golden-brown color with a subtle, larger-scale version of the emblem's design.

**TOGETHER**  
Creating Opportunities  
for a Better Tomorrow

# HISTORY

For more than 35 years, the Inter Tribal Council of Arizona, Inc. (ITCA) has carried out the mission identified by its member Tribes.

In 1952, the elected leaders of Indian Tribes in Arizona formed an association to provide members with a united voice. Through this association, Tribes were able to address the issues that affected the Tribes collectively or individually. This forum enabled tribal governments in Arizona to combine their efforts and resources for common goals.

In 1975, with the realization that 'these challenges and opportunities require the force of united and concerted voice and action which one tribe alone does not possess,' the Tribes established the Inter Tribal Council of Arizona, Inc.

In 2012, twenty federally recognized Indian Tribes with lands in Arizona were members of the Inter Tribal Council of Arizona, Inc.

# OUR MISSION

To be the voice of the member Tribes in bringing about Indian involvement and self-determination...

*Excerpt from the Articles of Incorporation of the Inter Tribal Council of Arizona, Inc.*

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# Dear ITCA SUPPORTERS

**ITCA, INC. WAS CREATED BY TRIBAL LEADERS TO PROVIDE A UNITED VOICE AND MEANS FOR UNITED ACTION ON MATTERS THAT AFFECT TRIBES COLLECTIVELY AND INDIVIDUALLY.** The leaders that formed ITCA knew that by working together, we would be able create a better tomorrow for our people. ITCA actively pursues this mission each day through our work with a vision of a future where the air, water and lands are clean to support healthy families and everyone has access to quality health care, healthy foods and education.

For example, ITCA equipped Tribal Leaders with tools and information to assist them in understanding the Patient Protection and Affordable Care Act (ACA). The Tribal Medicaid Work Group was formed at the request of Tribal leaders to address the extensive cuts in Medicaid benefits made by the State of Arizona. As a result, the Work Group was successful in reinstating these needed benefits for American Indian participants. The Health Insurance Exchange Work Group was formed to address the implementation of the ACA and the Indian Health Care Improvement Act. This Group formulated recommendations and a draft Tribal consultation policy that were submitted to Governor Jan Brewer in anticipation of a state exchange system. All of this work brings us closer to a future in which the citizens in our tribal communities have access to quality health care.

As you read through this report, you will see a sampling of how ITCA programs actively worked with member Tribes to make significant progress in expanding and enhancing services to Tribal communities. You will read about our Tribal Water Systems project that developed an enhanced curriculum and standardized testing for Tribal personnel entering the field of water utility management to ensure that families have a safe water supply. We describe how the WIC program worked with the Gila River Indian Community to revitalize the clinic space for the families receiving nutrition services in Sacaton. Take note of how the Tribal Leaders, Tribal health staff and ITCA came together at a Cancer Care Pathways Roundtable to discuss and identify strategies for the Indian Health Service to effectively address cancer issues.

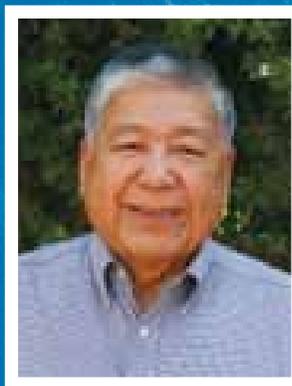
Our collective efforts created opportunities for a better future for tribal members. ITCA will continue to support Tribes using our resources and energy to create better communities for all the Tribal members of tomorrow.

Thank you for your support.

Diane Enos  
*President, Inter Tribal Council of Arizona, Inc.*  
*President, Salt River Pima-Maricopa Indian Community*



**DIANE ENOS**  
President



**JOHN LEWIS**  
Executive Director

## 2012 Executive Board

**DIANE ENOS**  
President  
*President,*  
Salt River Pima-Maricopa  
Indian Community

**DAVID KWAIL**  
First Vice President  
*Chairman,*  
Yavapai-Apache Nation

**GREGORY MENDOZA**  
Second Vice President  
*Governor,*  
Gila River Indian Community

**AMANDA BARRERA**  
Secretary/Treasurer  
*Council Member,*  
Colorado River Indian Tribes

## ITCA and Tribes

# WORKING TOGETHER

to Create a Better Tomorrow

ITCA accomplished many objectives in 2012 in the pursuit of fulfilling its mission. Below we highlight just a few of the many successes for this year.

## HIGHLIGHTED ACCOMPLISHMENTS

- ITCA coordinated the fight to reinstate **Medicaid** benefits for American Indian participants that were cut from the program by state legislators.
- The **Area Agency on Aging**, in partnership with the American Indian Council on Aging, successfully advocated to continue funding services for American Indian elders under the Older Americans Act of 1965.
- The forty year old WIC building at Gila River Indian Community was revitalized with funds provided by the **ITCA WIC program** and supplemented by the Tribe. The new environmentally friendly building allows staff to host cooking classes in their state of the art training room/kitchen and even boasts an outdoor garden area.
- **Tribal Water Systems** was successful in developing an enhanced curriculum and standardized testing for Tribal personnel entering the field of water utility management.
- The **Dental Prevention** and **Clinical Support Center**, in collaboration with WIC and IHS, developed four Early Childhood Caries oral health educational materials targeted for parents of American Indian/Alaska Native children 16 months and younger.
- **ITCA Injury Prevention Program** provided technical assistance and resources to the San Carlos Apache Tribe that assisted the Tribe in becoming the fifth tribe in the state to pass a primary seat belt law.
- Tribal Leaders, Health Directors and representatives from the Indian Health Service (IHS) identified and discussed concerns and issues regarding the current cancer care system at the **ITCA Cancer Care Pathways Roundtable**. The group worked together to identify strategies for IHS to effectively address the issues and concerns identified.



# How ITCA Works with Tribes to CREATE OPPORTUNITIES for a Better Tomorrow

ITCA works to be the voice of the member Tribes in bringing about Indian involvement and self-determination. The ITCA programs assist Tribes in affecting change and improving their ability to manage and administer their own programs through policy analysis and development; capacity building and technical assistance; advocacy; working groups; and information resources and strategic communications.

While all the ITCA programs used one or more of the methods described below, we outlined how we used each method to work on one issue, health care, through the Health Policy Program last year.

## METHOD

## ACCOMPLISHMENT

Policy Analysis  
and Development



The Health Policy Program analyzed the Patient Protection and Affordable Care Act (ACA) and provided briefings to Tribes in the Phoenix and Tucson Services Areas.

Capacity Building and  
Technical Assistance



The Health Policy Program conducted training sessions for Tribal Leaders and health directors on the ACA, especially the provision of direct benefit to American Indian people.

Working Groups



The Health Insurance Exchange Work Group was formed to address the implementation of the ACA, including the American Indian specific provisions, state and federally operated Exchanges, Medicaid Expansion and the Indian Health Care Improvement Act.

The Tribal Medicaid Work Group was formed at the request of Tribal Leaders to address the extensive cuts in Medicaid benefits instituted by AHCCCS\* which impacted the American Indian population.

Advocacy



Through the ITCA Tribal Medicaid Work Group, Tribes fought to reinstate Medicaid benefits for American Indian participants that were cut from the program through a Tribal waiver of the AHCCCS\* state plan.

Information Resources  
and Strategic  
Communications



ITCA equipped Tribal Leaders with tools and information to assist them in understanding the ACA and its impact for Tribes and Tribal members.

\*Arizona Health Care Cost Containment System (Medicaid)

# Creating **NOURISHED MINDS AND BODIES**

for a Better Tomorrow

## **SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS AND CHILDREN**

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) nourished the minds and bodies of tomorrow by providing \$7 million in healthy foods, including whole grains and fruit and vegetables, nutrition information and referrals to health and social services to pregnant, postpartum and breastfeeding women, infants and children under the age of five. Services are provided through 11 Tribal programs and one Urban Indian health agency. The WIC Breastfeeding Peer Counseling Program provided breastfeeding mothers with support and counseling to help them initiate breastfeeding and continue to breastfeed their child through the first year of life.



## **BY THE NUMBERS**

**19,000** **WOMEN, INFANTS AND CHILDREN** received healthy foods, nutrition information and referrals

**700,000** **DOLLARS OF FRESH FRUIT AND VEGETABLES** provided to increase intake of essential vitamins and improve health of children

**150,000** **LOAVES OF WHOLE WHEAT BREAD** provided to increase whole grain and fiber intake

**48** **COLLEGE LEVEL NUTRITION CLASSES** that increased knowledge and skills of WIC staff so they can better help program participants

**200** **ELECTRIC BREASTPUMPS** allowed working mothers to exclusively breastfeed their babies

## **TRIBES AND TRIBAL ORGANIZATIONS IMPACTED BY WIC**

- Ak-Chin Indian Community
- Colorado River Indian Tribes
- Ft. McDowell Yavapai Nation
- Gila River Indian Community
- Hopi Tribe
- Havasupai Tribe
- Hualapai Tribe
- Native Health
- Pascua Yaqui Tribe
- Salt River Pima-Maricopa Indian Community
- San Carlos Apache Tribe
- Tohono O'odham Nation
- Tucson Indian Center
- White Mountain Apache Tribe
- Yavapai-Apache Nation



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The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) nourished the minds and bodies of tomorrow by providing **\$7 MILLION** in healthy foods...

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# Creating Clean and Safe Tribal AIR, WATER AND LANDS for a Better Tomorrow

## ENVIRONMENTAL QUALITY

### Programs:

- Air Quality Program
- Pesticide Enforcement and Pesticide Worker Safety Programs
- Tribal Solid Waste Management Program
- Tribal Water Systems
- Underground Storage Tank Compliance Assistance and Technical Support Program

The Environmental Quality Programs created opportunities for Tribes to have healthy drinking water, clean air and beautiful lands for Tribal members to enjoy tomorrow. **The Air Quality Program** sponsored a workshop for Tribes on how to establish a Tribal Air Quality Program and assisted with the completion of an emissions inventory update for the Ak-Chin Indian Community. **The Pesticide Enforcement and Pesticide Worker Safety Programs** successfully conducted pesticide training for Tribal inspectors from several Tribal nations on topics such as conducting inspections, new regulations, technologies and tools to improve the effectiveness and efficiency of pesticide inspections. **The Tribal Solid Waste Management Program** assisted Tribes in collecting and disposing of household hazardous waste and scrap tires. **The Underground Storage Tank (UST) Compliance Assistance and Technical Support Program** provided Tribal governments and UST facilities in Indian Country with compliance assistance, training, and collaborative opportunities to support the prevention of releases from USTs.

## BY THE NUMBERS

**13 TONS OF SCRAP TIRES** collected and recycled as part of a collaborative project between the Colorado River Indian Tribes and ITCA

**2 TONS OF HOUSEHOLD HAZARDOUS WASTE** collected and properly disposed during a collaborative project between the Yavapai-Apache Nation and ITCA

**189 CERTIFIED** Tribal water and wastewater operators

**672 TRIBAL WATER/WASTEWATER OPERATORS** participated in over 41 water/wastewater training and certification opportunities

**2 NEW REGULATORY/POLICY WORKSHOPS** and regulations conducted that assisted Tribal operators in keeping up-to-date on regulatory issues related to the Safe Drinking Water Act and other water-related laws

**42 PARTICIPANTS** attended a national Tribal Pesticide Inspector Training coordinated by ITCA in conjunction with the Gila River Indian Community and the U.S. Environmental Protection Agency Region 9, focusing on Federal and Tribal Authority as well as appropriate enforcement actions

**1 LEVEL IV EMISSIONS INVENTORY REPORT** completed and submitted by Yavapai-Apache Nation with assistance from ITCA





## TRIBES IMPACTED BY ENVIRONMENTAL QUALITY PROGRAMS

- ITCA Member Tribes
- Aroostook Band of Micmac
- Confederated Salish and Kootenai Tribes
- Navajo Nation
- Shoshone-Paiute Tribe
- Tribes in California and Nevada
- Yakama Nation



“ *When I heard that our Tribe was planning on building a water or wastewater plant and would need someone to operate and manage it, I decided that I wanted to run the plant. I received the ITCA general module training and worked my way up from there to receive multiple water treatment related certifications. Two years later, I became the first Utility Manager of our Tribe and began work to establish the Utility Department. Today, the Tribal utility department is well established and the ITCA Water/Wastewater Training Program continues to contribute to the professional development and certification of our staff.* ”

**STEVEN LAURENZANA**  
*Certified Tribal Water & Wastewater Operator*  
 Quechan Tribe

## TRIBAL LEADERS' WATER POLICY COUNCIL

The **Tribal Leaders' Water Policy Council (TLWPC)** focused on water resource management issues and coordinated opportunities for collaboration of Tribes with other water resources management agencies. The TLWPC is comprised of elected Tribal Leaders and their designated representatives whose role is to facilitate the collaboration of Tribes with other water resource management agencies.

The TLWPC broadened Tribal Leader participation in water policy discussion and collaboration with federal, state, and regional water resource management bodies including the Bureau of Reclamation, Arizona Water Resources Development Commission, Navajo Generating Station, and the Central Arizona Project.



## Creating a Better Tomorrow FOR FAMILIES

### HUMAN SERVICES

#### Programs:

- Children, Youth, and Families
- Early Childhood Development
- Workforce Investment Act

The Human Services Programs provide training and technical assistance in the area of family and social services to the 22 Tribes in Arizona. The Programs build and strengthen Tribal service delivery systems that address the needs of American Indian children and families.

#### TRIBES IMPACTED BY HUMAN SERVICES

- ITCA Member Tribes
- Navajo Nation
- San Juan Southern Paiute

### BY THE NUMBERS

**80** PARTICIPANTS INCREASED knowledge of the Indian Child Welfare Act, domestic violence, and Tribal Temporary Assistance for Needy Families (TANF) at the 28th Annual Indian Child and Family Conference

**25** PARTICIPANTS INCREASED knowledge on effective best practice treatment and intervention strategies during the Child Protective Services Training Academy, a two-week intensive course

**135** PARTICIPANTS LEARNED successful strategies to meet the early education and child care needs of American Indian children and families through policy, practice and advocacy at the InterTribal Circle of Caring & Sharing Training Conference

**35** ADULTS AND YOUTH gained work experience or on-the-job training at three Tribes

# Creating a Better Tomorrow FOR ELDERS

## AREA AGENCY ON AGING, REGION 8

### Programs:

- Health Promotion/Disease Prevention
- Independent Living Program
- National Family Caregiver Support Program
- Public Benefits Outreach

The **Area Agency on Aging, Region 8 (AAA)**, administered the Older Americans Act (OAA), Title III and VII Programs for seventeen Tribal governments in Arizona and the OAA Title VI Program for three Tribes.

AAA core services included advocacy, nutrition services, supportive services, health promotion and disease prevention, independent living support services, family caregiver support services, long term care ombudsman, and program development. AAA advocated on behalf of American Indian elders to state and federal agencies and policy makers by educating them on conditions affecting elders living in Tribal communities. AAA initiated planning, training and technical assistance for Tribes to develop independent living support services or elder abuse prevention services.

### TRIBES IMPACTED BY AAA

- ITCA Member Tribes



## BY THE NUMBERS

**35** **TRIBAL PROGRAM STAFF** increased their knowledge of elder health through the first health symposium

**650** **ELDERS INCREASED** their knowledge about home and community-based services through the 24th Annual Arizona Indian Council on Aging Conference

**135,852** **UNITS OF SERVICE** allowed elders to remain independent in their own homes

**105** **CAREGIVERS PROVIDED** skills education and training in three Tribal communities, Flagstaff and Phoenix

**200** **CAREGIVERS, GRANDPARENTS** and elders increased their knowledge and skills about caregiving at the 8th Annual Tribal Caregiver Conference

**225** **ELDERS RECEIVED** one-on-one counseling on Medicare and Medicaid

**21** **INDIVIDUALS CERTIFIED** to provide benefits counseling in Tribal communities

“ I fell and broke my ankle last year and am really thankful for the elder services program to deliver meals to me at my house. I went through difficult times and those meals helped out. After my ankle healed, I went to the health center and enrolled into their exercise program to strengthen my muscles. I continue to participate in the fitness program and also go to the community center to join the elders for social and recreation activities. ”

COCOPAH TRIBAL ELDER



# Creating a Better Tomorrow in ORAL HEALTH

## BY THE NUMBERS

- 14 DENTAL PROGRAMS** participated in development of the Dental Clinic Needs Assessment Tool
- 18 DENTAL CLINICS** in three states completed the first part of the Dental Clinic Needs Assessment
- 85 DENTAL PROFESSIONALS** from the Phoenix and Tucson Indian Health Service Areas, Tribal and Urban Dental Programs received 34 hours of continuing dental education (CDE) training
- 4 AMERICAN INDIAN/ALASKA NATIVE** culturally appropriate Early Childhood Caries (ECC) educational materials developed to increase community awareness of ECC
- 81 COMMUNITY WORKERS** who provide services to infants and preschool aged children trained to educate their clients about ECC detection and prevention in collaboration with Native Health and Maricopa County

Your Baby's Precious Teeth are at Risk for Decay Starting with the First Tooth.



When baby teeth have decay, it is called Early Childhood Caries or ECC. ECC is an infectious disease.



ECC is the most common chronic childhood disease. It is a serious health problem.

Your Baby's Gift of a Good Smile.



Your baby's first dental visit should occur by their 1st birthday.

Early start on dental care is very important for your baby and can help prevent a serious dental problem called Early Childhood Caries (ECC). You should schedule an appointment as soon as the first baby tooth appears. This first dental visit gives you and your baby a chance to meet the dentist and staff.

### What is ECC?

Early Childhood Caries or ECC is a dental infection that causes cavities or decayed teeth. ECC is the number one chronic disease of childhood. If ECC is not treated, it could lead to life-threatening health problems and may require surgery. The dentist can help prevent ECC or treat it early before it becomes a big problem.

### What happens at a baby's first dental visit?

At the dental visit, you or another caregiver may sit with the dentist with your baby lying on their back. The dentist will carefully look at her/his teeth and give you tips on how to care for your baby's mouth. The appointment may end with your baby receiving a fluoride treatment. The fluoride may be gently brushed on her teeth. Fluoride treatments help to prevent cavities.



## DENTAL PREVENTION AND CLINICAL SUPPORT CENTER

In collaboration with the Indian Health Service (IHS) and Tribal and Urban Indian Dental Programs throughout the Phoenix and Tucson Areas, the **Dental Prevention and Clinical Support Center (DPCSC)** added to the existing resources and infrastructures by providing continuing education opportunities and program management trainings for dental program staff in order to address the broad challenges and opportunities associated with IHS preventive and clinical dental programs. The DPCSC assisted dental programs in developing quality improvement plans, strived to improve available data, and provided technical assistance in completing grant applications, oral health surveys, and other IHS initiatives.

## TRIBES AND TRIBAL ORGANIZATIONS IMPACTED BY THE DPCSC

- ITCA Member Tribes
- Nevada Tribes
- Utah Tribes
- Other Tribal Organizations

# Creating a Better Tomorrow for HEALTHY COMMUNITIES

The Health Promotion Program provided resources to Tribes in Arizona including direct funding, training, technical assistance, and capacity building which empowered Tribes to address health issues such as teen pregnancy, sexually transmitted infections, and commercial tobacco use in their communities. The program increased community awareness in these health areas and worked with Tribes to implement evidence-based interventions and best practices in order to create effective sustainable programs. Through our partnerships with the Tribes and other agencies, such as the Arizona Department of Health Services, we are working towards creating healthy Tribal communities for the next generation.

## HEALTH PROMOTION

### Programs:

- Community Tobacco Education Prevention Program
- In Community Spirit Program
- Innovative Approaches to Preventing Teen Pregnancy among Underserved Populations
- Tribal Personal Responsibility Education Program
- Tribal Teen Pregnancy Prevention Youth Development Program



## BY THE NUMBERS

**2** **TRAININGS PROVIDED** for Tribal and urban youth tobacco coalitions and their coordinators on strategies to effectively educate and advocate for smoke-free parks and buildings by the Pima Prevention Partnership in collaboration with ITCA

**50,000** **DOLLARS** in funding provided to five Tribal communities to implement the "Native It's Your Game" project that provided information on choosing healthy lifestyles through computer-based lessons to American Indian middle school youth

**40** **YOUTH INCREASED** their knowledge of healthy lifestyles and preparing for college at the 5th Annual American Indian Youth Conference on Health

**128** **WOMEN RECEIVED** Native American Sisters Informing Sisters: Talking, Educating, and Reducing Risk program services in their communities

## TRIBES AND TRIBAL ORGANIZATIONS IMPACTED BY HEALTH PROMOTION PROGRAMS

- Colorado River Indian Tribes
- Ft. McDowell Yavapai Nation
- Hopi Tribe
- Hualapai Tribe
- Kaibab-Paiute Tribe
- Native Health
- Native Americans for Community Action, Inc.
- Pascua Yaqui Tribe
- San Carlos Apache Tribe
- San Lucy District-Tohono O'odham Nation
- Tucson Indian Center
- White Mountain Apache Tribe
- Yavapai-Apache Nation

# Creating TRIBALLY DRIVEN RESEARCH for a Better Tomorrow

## AMERICAN INDIAN RESEARCH CENTER FOR HEALTH

The **American Indian Research Center for Health (AIRCH)** increased the research capacity of Tribes by fostering collaboration and discussion with universities in addressing Tribal health disparities through a community-based participatory research (CBPR) approach. ITCA worked in partnership with the University of Arizona (UA) Faculty/Researcher Education and Development Core; the UA Student Research Development Core, the UA College of Nursing, the Hualapai Tribe and White Mountain Apache Tribe to accomplish the goals of the Center.



## BY THE NUMBERS

**50 PARTICIPANTS EXPLORED** the complexities of cancer care provided to American Indians (AI) in Arizona at the Cancer Care Pathways Roundtable

**200,000 DOLLARS IN RESEARCH** funds provided to Tribes to engage in Tribally based participatory research

**16 AMERICAN INDIAN SCIENCE AND HEALTH** undergraduate and graduate students engaged in Tribal community research

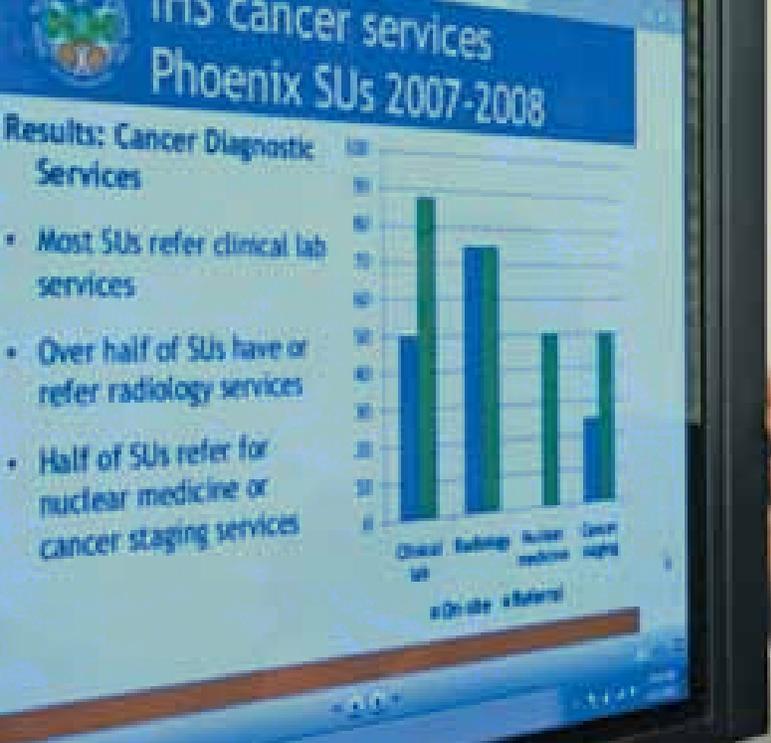
**13 AMERICAN INDIAN FACULTY FELLOWS** consisting of three Community, four Post-Doctoral and six Junior Faculty Fellows provided training, mentoring and hands-on research experience leading to 16 publications, 21 presentations and 36 publications pending

**9 RESEARCH PROJECTS** funded for the Faculty Fellows

**1 INNOVATIVE PRESENTATION** provided at the National Congress of American Indians (NCAI) mid-year session on protecting Tribal communities from harm while engaging in research

## TRIBES IMPACTED BY AIRCH

- Ak-Chin Indian Community
- Colorado River Indian Tribes
- Fort Mojave Indian Tribe
- Gila River Indian Community
- Hualapai Tribe
- Navajo Nation
- Salt River Pima-Maricopa Indian Community
- San Carlos Apache Tribe
- Tohono O'Odham Nation
- White Mountain Apache Tribe



## Creating a Better Tomorrow through Improved PUBLIC HEALTH DATA

### TRIBAL EPIDEMIOLOGY CENTER

The **Tribal Epidemiology Center (TEC)** built public health capacity by responding to Tribal requests for technical assistance and analyzing and reporting on health data for ITCA programs serving Tribes and Tribal health departments. The TEC provided training, round tables, workshops, and technical assistance on public health accreditation capacity building for Tribal partners. The TEC also continued to provide three Tribal partners with technical assistance specifically in the area of motor vehicle crash injury prevention, and has secured an additional five years of funding to work with Tribal partners through the Office of Minority Health.

### TRIBES IMPACTED BY TEC

- ITCA Member Tribes
- Nevada Tribes
- Utah Tribes

“ The completion of the left turn lane on State Route 389 onto the BIA Route 50 on the Kaibab-Paiute Reservation will have a lasting effect on the community of Eagle Mountain Village. The Tribe does not know how many lives and accidents it will prevent in the future, but the Tribe does know it is for the better. The Tribe thanks all who have contributed to this project, including ITCA, Arizona Department of Transportation, Road Safety Assessment, Bureau of Indian Affairs, Federal Highway Administration, Show Low Construction and the Tribal Administration and Staff. ”

**MANUEL SAVALA, CHAIRMAN, Kaibab-Paiute Tribe**

## BY THE NUMBERS

**90** **TRIBAL HEALTH DEPARTMENT** members and Indian Health Service (IHS) staff increased knowledge and skills in epidemiology and on the IHS Resource and Patient Management System (RPMS)

**7** **ITCA PROGRAMS** providing services to Tribes assisted with program evaluation

**75** **TRIBAL, STATE, AND INDIAN HEALTH SERVICE** partners received TEC data analyzing and reporting services on health surveillance data in cancer, diabetes, maternal and child health, motor vehicle crash, and injury prevention

**2** **NEW FUNDING SOURCES** secured to provide additional training and technical assistance in the area of public health accreditation and community health assessment leading into 2013

# Creating a Better Tomorrow for TRIBAL COMMUNITIES

## COMMUNITY DEVELOPMENT

### Programs:

- Lead Education and Outreach
- Weatherization Assistance Program

The **Weatherization Assistance Program** improved energy efficiency in homes to lower heating and cooling costs for low-income Tribal residents at no cost. The **Lead Outreach and Education Program** educated Tribal families about the dangers of exposure to lead-based paint for children.



## BY THE NUMBERS

**200,000** **DOLLARS IN WEATHERIZATION** upgrades completed on 27 low income homes effectively lowering their heating and cooling costs in seven Tribal communities in Arizona

**18** **TRIBES IN ARIZONA** distributed the Protect Your Children brochures and posters

**9** **TRIBES PARTICIPATED** in the Lead Program Train-The-Trainer training and were provided with the tools to protect children in their communities from the harmful effects of lead

## TRIBES IMPACTED BY COMMUNITY DEVELOPMENT

- Ak-Chin Indian Community
- Colorado River Indian Tribes
- Fort Mojave Indian Tribe
- Havasupai Tribe
- Gila River Indian Community
- Hopi Tribe
- Havasupai Tribe
- Hualapai Tribe
- Kaibab-Paiute Tribe
- Pascua Yaqui Tribe
- Quechan Tribe
- Salt River Pima-Maricopa Indian Community
- San Carlos Apache Tribe
- Tohono O'odham Nation
- White Mountain Apache Tribe



# Creating Prepared EMERGENCY RESPONSE for a Better Tomorrow

## EMERGENCY RESPONSE

**BY THE NUMBERS**

**1,024** PARTICIPANTS ATTENDED three ICS classes that were coordinated for the Navajo Nation

**2** TRIBAL EMERGENCY response plans tested through a table top exercise for White Mountain Apache Tribe and the Hopi Tribe

**240** TRIBAL FIRST RESPONDERS trained on how to identify and respond to potential hazardous materials releases

### Programs:

- Tribal National Incident Management Systems Program
- Hazardous Materials Emergency Preparedness

The **Tribal National Incident Management System (NIMS) Program** assisted Tribes in establishing their own ICS (Incident Command System) Course to provide ICS certification training within their jurisdiction. In 2012, this project was expanded to work with all Tribes in Arizona. The **Hazardous Materials Emergency Preparedness Program** assisted Tribal first responders by planning and conducting training courses designed to increase their ability to respond effectively to transportation related hazardous materials incidents or releases and provided training on how to complete a table top exercise.

### TRIBES IMPACTED BY EMERGENCY RESPONSE

- ITCA Member Tribes
- Navajo Nation



## Creating a Better Tomorrow through **HIGHER EDUCATION**

### **FRANK CAVERLY SCHOLARSHIP FUND**

The Frank J. Caverly Scholarship Fund provided financial support for American Indian students pursuing post-secondary education at a university, college, junior college, or vocational/technical school. Mr. Caverly was an insurance broker in Pima County who had an interest in American Indian culture and provided this scholarship fund to assist American Indian students with financial need. ITCA sponsors American Indian students and provides scholarships to partially fund tuition, books and other educational expenses at universities and trade schools.

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In 2012, ITCA assisted nine American Indian students attending universities, community colleges, or vocational training institutes in achieving their educational goals by providing supplemental awards to cover books, class fees and supplies **TOTALING \$3,400.**

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## Creating a Better Tomorrow for OUR CHILDREN

### ARIZONA INTER TRIBAL TRUST FUND

ITCA was instrumental in establishing the Arizona Inter Tribal Trust Fund in 1988 as part of the Arizona-Florida Land Exchange Act which provided that monetary proceeds from the land exchange of the Phoenix Indian School property were to be deposited into a fund to supplement Tribal child and youth services. ITCA distributed the income from the Arizona Inter Tribal Trust Fund to the nineteen Tribes in Arizona who were members of ITCA as of January 1, 1988. ITCA received \$2 million annually from this fund to distribute to member Tribes through 2011. Five Tribes were funded each year on a rotating basis with each Tribe receiving \$400,000 every three or four years.

The Havasupai Tribe, San Carlos Apache Tribe, Tonto Apache Tribe and Yavapai-Apache Nation received calendar year 2011 distributions from the Trust Fund in 2012 and are working on a variety of activities to enhance children's programs.

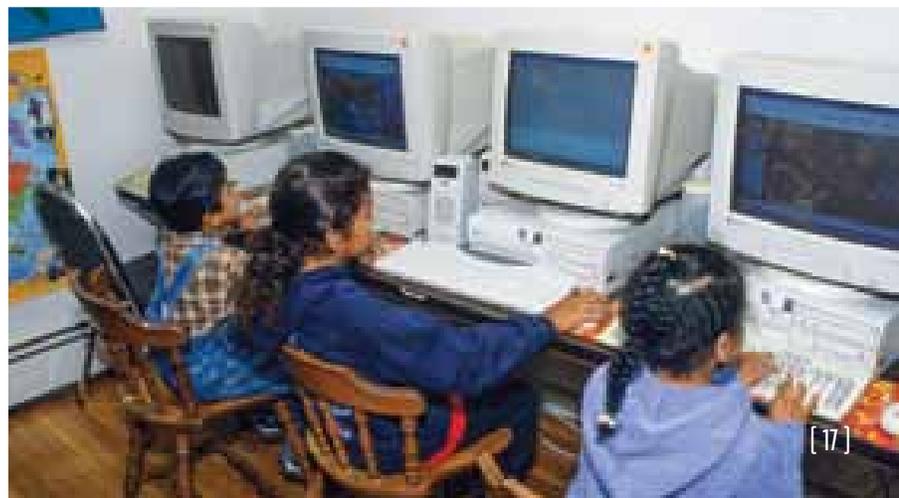
The **Havasupai Tribe** plans to use the funds from two distributions to construct a much needed library that will allow families living in Supai access to books. The Tribe is currently in the planning phase for this project.

The **San Carlos Apache Tribe** constructed a new, state of the art educational complex with supplemental funds from other grant awards. The new facility will house

administrative and counseling offices, a computer capable classroom and a computer bank. The improved facility will allow the education department to expand and enhance services provided to children on the reservation.

The **Tonto Apache Tribe** supplemented educational activities for children through tutoring services that assist students in graduating from high school; enhancing summer and after-school programs for youth; adding culture and language programs after school and during breaks; and staffing a Tribal/School/Family Liaison to ensure school attendance and assist in ensuring students receive appropriate services such as health care, special education and substance abuse treatment.

The **Yavapai-Apache Nation** used the funds for a variety of health, cultural and educational activities promoting cultural awareness, increasing self-esteem and improving high school and college graduation rates for Tribal children.





## Creating a Better Tomorrow through HEALTH POLICY

### TRIBAL HEALTH POLICY

The **Tribal Health Policy** team coordinated the Tribal Health Steering Committee and the Annual Phoenix Area Indian Health Service Budget Formulation Meeting.

The Tribal Health Steering Committee is comprised of the leadership from Indian Tribes in Arizona, Nevada and Utah, and provided advisement on health policy matters to the Area Director of the Phoenix Area Indian Health Service (IHS) and key IHS staff. The Steering Committee served as the Phoenix Area Budget Team and advised the Area with regard to planning the annual consultation meeting on the IHS budget.

### TOP BUDGETARY LINE ITEMS IDENTIFIED BY THE HEALTH STEERING COMMITTEE

• Contract Health Services	\$176.3 million
• Facilities (Existing and New Construction Projects)	\$137.8 million
• Preventative Health	\$88.2 million
• Dental	\$41.1 million
• Alcohol & Substance Abuse	\$35.8 million

### BY THE NUMBERS

**12** **TRIBAL LEADERS** that serve on the Tribal Health Steering Committee and are the voice of all Tribes in the region

**44** **TRIBES AFFECTED** by the Tribal Health Steering Committee

**4** **STEERING COMMITTEE** meetings held in 2012 to address American Indian Health Policy issues

**7** **TRAINING SESSIONS** conducted for Tribal Leaders and Health Directors on the Affordable Care Act

**1** **WAIVER OBTAINED** for Medicaid cuts that would have affected American Indians in need of health care

### TRIBES IMPACTED BY HEALTH POLICY

- Indian Health Services Phoenix and Tucson Service Areas (Arizona, Nevada and Utah)

# Annual FINANCIAL Statement

## STATEMENT OF ACTIVITIES

### Revenue and Other Support

Grants and Awards	\$ 18,233,235
Infant Formula Rebate Revenue	2,128,646
Donated Facilities and Supplies	175,000
Contributions	6,631
Investment Revenue/Rental Income	117

**Total Revenue And Support** 20,543,629

### Expenses

Program Services	19,521,460
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### Supporting Activities

Management and General	1,105,237
Fundraising/Grant Solicitation	16,745

**Total Expenses** 20,643,442

Change in Net Assets before Minority Interest	(99,813)
Minority Interest in Subsidiary's Earnings	9,592

**Change in Net Assets** (109,405)

Net Assets-Beginning of Year	2,541,771
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**Net Assets-End Of Year** \$ 2,432,366

## STATEMENT OF FINANCIAL POSITION

### Current Assets

Cash	\$ 850,748
Grants and Awards Receivable	3,851,572
Prepaid Expenses	15,602
Other Receivables	27,461

**Total Current Assets** 4,745,383

Property and Equipment, Net	2,299,997
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**TOTAL ASSETS** 7,045,380

### LIABILITIES AND NET ASSETS

#### Current Liabilities

Accounts Payable	3,363,752
Accrued Expenses	273,068
Funds Held in Trust	61,398
Current Portion of Long-term Debt	53,559

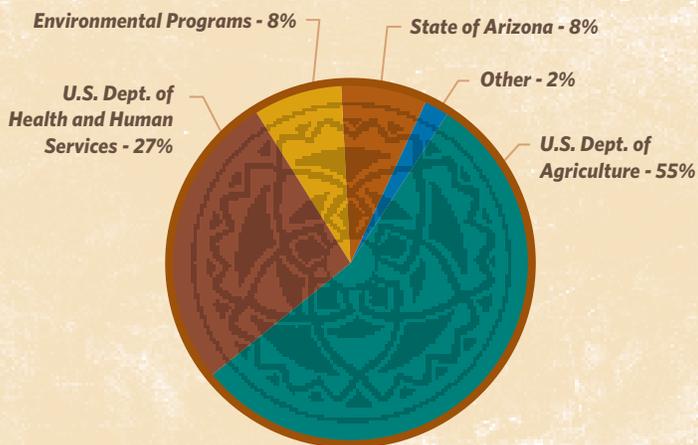
**Total Current Liability** 3,751,777

Long-term Debt, Net of Current Portion	356,645
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#### Net Assets-Unrestricted

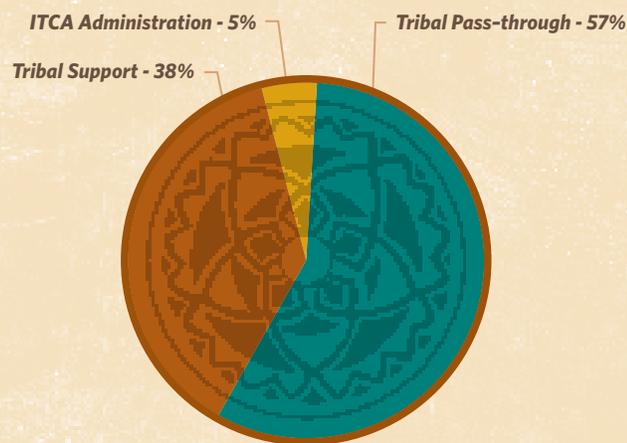
Controlling Interest	2,406,481
Minority Interest	504,592
Temporarily Restricted	25,885

**Total liabilities & Net Assets** \$ 7,045,380



ITCA revenue totaled \$20,543,629 for fiscal year ending 9/30/12. The majority of revenue was obtained from federal sources (90%). State sources were (8%) and other funding sources, including contributions, accounted for 2% of revenue.

\$11,286,081 (Includes Infant Formula Rebate Revenue)
\$5,482,016
1,639,120
1,683,488
\$452,924



The functional expenses totaled \$20,643,442. The majority of ITCA funds (95%) support tribal programs via the pass-through of funding to member tribal governments or through the provision of training and technical assistance to tribes. The balance of funds (5%) supports administration of the organization.

\$11,767,584
\$7,753,876
\$1,121,982



# SPONSORS

who Helped Create a Better 2012

ITCA appreciates the donations provided by the following sponsors that allowed us to further our resources and expand our reach in 2012.

## \$5,000+

Ak-Chin Indian Community  
 Gila River Indian Community  
 Havasupai Tribe  
 Kaibab-Paiute Tribe  
 Pascua Yaqui Tribe  
 Salt River Pima-Maricopa Indian Community  
 Tohono O'Odham Nation

## \$500-\$2,499

Ak-Chin Farms  
 American Legacy Foundation  
 Aseptico  
 A.T. Still University of Health Sciences  
 ASU Hartford Center of Geriatric Nursing  
 Leland Fairbanks  
 Ft. McDowell Yavapai Nation  
 Gu-Achi District- Tohono O'Odham Nation  
 Harrah's Ak-Chin Casino  
 Hon-Dah Resort Casino  
 J-V Farms  
 Ultradent Products  
 Yavapai-Prescott Indian Tribe

## \$2,500-\$4,999

Cocopah Indian Tribe  
 Colorado River Indian Tribes

## LESS THAN \$500

Baboquivari District-Sells  
 Lee Begay  
 Colorado River Indian Tribes- Big River Development  
 Colorado River Indian Tribes- Aha-Quin  
 Colorado River Indian Tribes- Water Wheel  
 Fort McDowell Senior Center  
 Gila River Gaming Enterprises  
 Moenkopi Development Corporation  
 Michael Lanzieri (DMG-America)  
 Archie Mariano  
 Leon and Eva Nuvayestewa  
 Henry Schein  
 Strickland & Strickland  
 Arlene Watters

# STAFF Listing

## EXECUTIVE MANAGEMENT

Executive Director | **John Lewis**

## ADMINISTRATION

Office Manager | **Verna Monenerkit**

Administrative Assistant | **Naida Mansfield**

Administrative Assistant | **Rafaella Contreras**

Administrative Assistant | **Bernadette Guy**

Administrative Assistant | **Crystal McArthur**

Meeting Planner/Scheduler | **Crystal Wyaco-Little**

Graphic Design Specialist | **April Wesley**

Receptionist | **Felisa Hoffman**

Receptionist | **Marilyn Vaughn**

## AMERICAN INDIAN RESEARCH CENTER FOR HEALTH

Health Program Director | **Kenton Laffoon**

Health Program Specialist | **Naomi Lane**

## AREA AGENCY ON AGING

Director | **Lee Begay**

Caregiver Support Program Specialist | **Archie Mariano**

Independent Living Support Program Specialist | **Tiffany Yazzie**

Program Specialist | **Laurai Atcitty**

Program Specialist | **Kim Russell**

Public Benefits Specialist | **Cynthia Freeman**

## COMMUNITY DEVELOPMENT

Director | **Patrick McMullen, PhD**

## DENTAL PREVENTION AND CLINICAL SUPPORT CENTER

Director | **Alyssa York, DDS**

## ENVIRONMENTAL QUALITY PROGRAMS

Director | **Elaine Wilson**

Tribal Water Systems Program Administrator | **Brian Bennon**

Environmental Program Coordinator | **Elaina Doral**

Environmental Specialist | **Tyler Walls**

Pesticide Program Environmental Specialist | **Africa Dorame-Avalos**

Tribal Air Quality Program Coordinator | **Greg Little**

Tribal Water Systems Environmental Specialist | **Landon Hardy**

Tribal Water Systems Environmental Specialist | **Tudor Montague**

UST Coordinator | **Roland Chester**

## FACILITIES

Physical Facilities Coordinator | **Bridget Buchanan**

Facilities Maintenance | **Gary Shupla**

## FINANCE

Finance Officer | **Alice Morgan**

Finance Manager | **Karen Primmer**

Accounts Payable Specialist | **Elva Yazzie**

## HEALTH & HUMAN SERVICES

Director | **Gwenda Gorman**

Health Promotions Coordinator | **Glenda Lumpmouth**

Health Program Specialist | **Travis Lane**

Workforce Investment Act Program Specialist | **Kathy Davis**

## HEALTH SYSTEMS

Director | **Alida Montiel**

Health Program Specialist | **Verna Johnson**

## HUMAN RESOURCES

Human Resources Manager | **Lisa Ethelbah**

## TRIBAL EPIDEMIOLOGY CENTER

Director | **Jamie Ritchey, PhD**

Administrative Coordinator | **Quannee Oosahwe**

Epidemiologist | **Raysenia James**

Epidemiologist | **Keisha Robinson**

Transportation Project Coordinator | **Esther Corbett**

## SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS AND CHILDREN

Director | **Mindy Jossefides**

Nutrition Coordinator | **Brandy Warwick-Thier**

Administrative Coordinator | **Christine Kerr**

Breastfeeding Coordinator | **Claresa Bedonie**

Information Systems Coordinator | **Richard Burch**

Information Systems Specialist II | **Les Spangler**

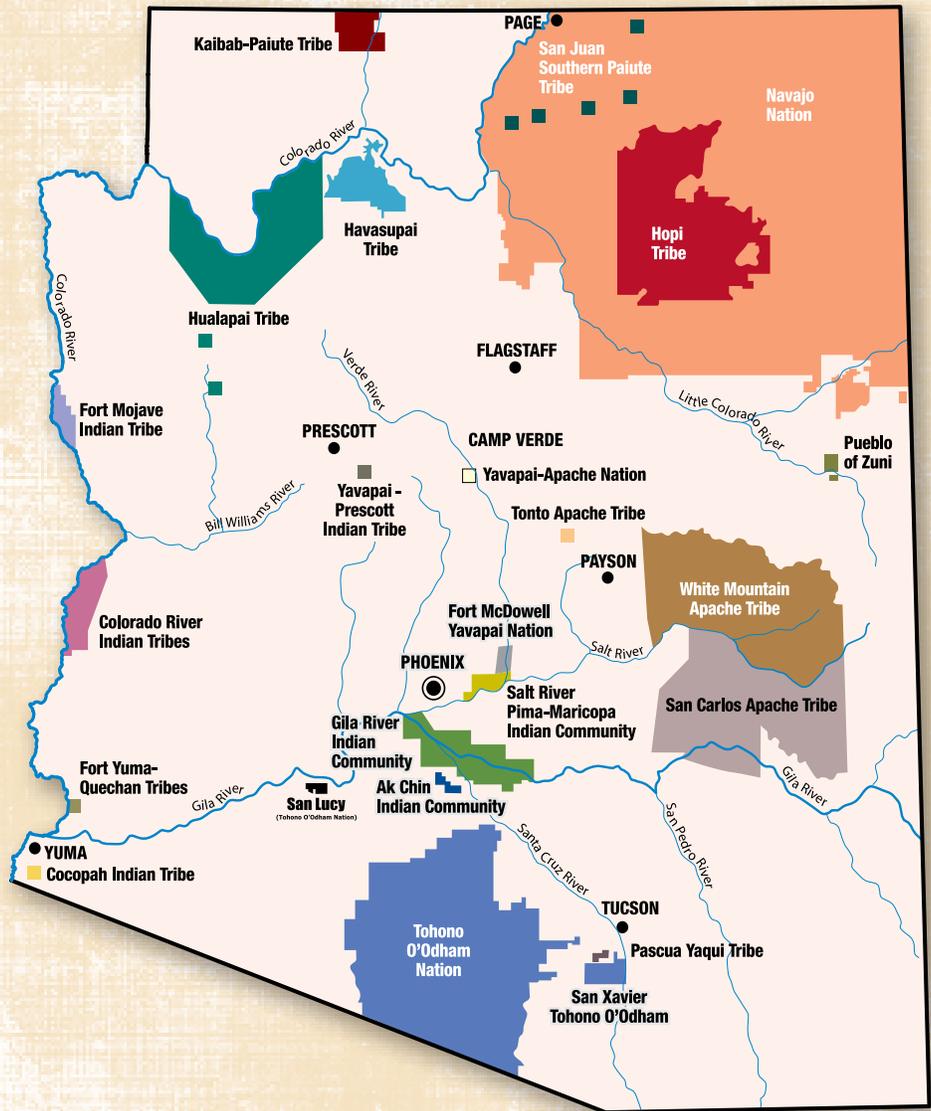
Nutritionist | **Serene Mazhar**

Nutritionist | **Laura Munson**

Vendor Coordinator | **Crystalina Corona**

# Member TRIBES

-  Ak-Chin Indian Community
-  Cocopah Indian Tribe
-  Colorado River Indian Tribes
-  Fort McDowell Yavapai Nation
-  Fort Mojave Indian Tribe
-  Gila River Indian Community
-  Havasupai Tribe
-  Hopi Tribe
-  Hualapai Tribe
-  Kaibab-Paiute Tribe
-  Pascua Yaqui Tribe
-  Pueblo of Zuni
-  Quechan Tribe
-  Salt River Pima-Maricopa Indian Community
-  San Carlos Apache Tribe
-  Tohono O'odham Nation
-  Tonto Apache Tribe
-  White Mountain Apache Tribe
-  Yavapai-Apache Nation
-  Yavapai-Prescott Indian Tribe



**AK-CHIN INDIAN COMMUNITY**  
Est. 1912



**COCOPAH INDIAN TRIBE**  
Est. 1917



**COLORADO RIVER INDIAN TRIBES**  
Est. 1865



**FORT MCDOWELL YAVAPAI NATION**  
Est. 1886



**FORT MOJAVE INDIAN TRIBE**  
Est. 1910



**GILA RIVER INDIAN COMMUNITY**  
Est. 1859



**HAVASUPAI TRIBE**  
Est. 1880



**HOPI TRIBE**  
Est. 1882



**HUALAPAI TRIBE**  
Est. 1883



**KAIBAB-PAIUTE TRIBE**  
Est. 1934



**PASCUA YAQUI TRIBE**  
Est. 1878



**PUEBLO OF ZUNI**  
Est. 1877



**QUECHAN TRIBE**  
Est. 1884



**SALT RIVER PIMA-MARICOPA INDIAN COMMUNITY**  
Est. 1879



**SAN CARLOS APACHE TRIBE**  
Est. 1871



**TOHONO O'ODHAM NATION**  
Est. 1874



**TONTO APACHE TRIBE**  
Est. 1972



**WHITE MOUNTAIN APACHE TRIBE**  
Est. 1871



**YAVAPAI-APACHE NATION**  
Est. 1925



**YAVAPAI-PRESCOTT INDIAN TRIBE**  
Est. 1935