

Partnering
**FOR STRONGER
COMMUNITIES**



ANNUAL REPORT 2011



Contents

- Leadership Message 2
- Executive Board 2
- Special Recognition — Alberta Tippeconnic..... 3
- WIC Program 4
- Human Services Programs 6
- Health Policy..... 7
- Environmental Quality Programs..... 8
- Area Agency on Aging 10
- Effective Response Activities12

- Data and Research13
- Community Development..... 14
- Health Promotion15
- Scholarship Fund Recipients..... 16
- Dental Prevention and Clinical Support Center .17
- Audited Financial Statement 18
- 2011 ITCA Conference Sponsors 19
- Staff Listing.....20
- Member Tribes.....21



Our Mission

TO BE THE VOICE OF THE
MEMBER TRIBES IN
BRINGING ABOUT INDIAN
INVOLVEMENT AND
SELF-DETERMINATION...

History

FOR OVER 35 YEARS, THE INTER TRIBAL COUNCIL OF ARIZONA, INC. (ITCA) HAS CARRIED OUT THE GOALS IDENTIFIED BY ITS MEMBER TRIBES.

In 1952, the elected leaders of nine Indian Tribes in Arizona formed an association to provide members with a united voice. The purpose of the association was to address the issues that affected the Tribes collectively or individually. This forum enabled Tribal governments in Arizona to combine their efforts and resources for common goals.

In 1975, with the realization that “these challenges and opportunities require the force of united and concerted voice and action which one Tribe alone does not possess,” the Tribes established the Inter Tribal Council of Arizona, Inc.

Today, after over 35 years of operation, 20 federally recognized Indian Tribes belong to the Inter Tribal Council of Arizona, Inc. The highest elected officials of each Tribe — the chairpersons, presidents or governors — are members of the Council.

[A Message From Our Leadership]

ITCA CONTINUED TO ACTIVELY PURSUE ITS PURPOSE AND MISSION OF PROVIDING A UNITED VOICE AND ACTION TO THE MEMBERSHIP AND ENCOURAGING AND PROMOTING TRIBAL SELF-DETERMINATION THROUGHOUT 2011.

Through partnerships with Tribal communities, ITCA enhanced and expanded programs and services, particularly in health-related matters. Our collective efforts resulted in several key accomplishments and benefits to Tribal communities and their members.

The passage of Public Law 111-148, the Patient Protection and Affordable Care Act (ACA), expanded opportunities for Tribes to improve their health service delivery systems, resulting in an increased need for the education of Tribal leadership and members on the provisions of the ACA. In partnership with the U.S. Department of Health and Human Services and the Indian Health Service (IHS), ITCA conducted training sessions that helped members achieve higher levels of knowledge on the provisions of the ACA, and how to access the increased benefits and services provided by the Act. As the Act continues to be implemented over the coming years, ITCA will continue to partner with Tribes to foster a strong working relationship between the Tribes and IHS as well as DHHS and will augment Tribes' efforts to receive the maximum benefit from the ACA.

After many years of advocating to the U.S. Department of Agriculture by nutrition advocates, including ITCA and Tribes, the Special Supplemental Nutrition Program for Women, Infants and Children, commonly known as WIC, received authority to implement a comprehensive change to the foods provided to program participants. The transformation of the food package increased access to healthier foods such as skim milk, fresh fruit and vegetables and whole grains for WIC families, especially on Tribal lands. Changes in policy and the addition of professional lactation consultants further enhanced our commitment to encouraging and supporting exclusive breastfeeding which leads to healthier children for the future.

In the area of water quality, ITCA expanded resources that allowed us to increase our partnership with Tribes by requesting and receiving additional funding from the U.S. Department of Agriculture and the IHS to certify more tribal operators to ensure safe and sanitary water supplies for Tribal members. ITCA also used this funding to provide specialized onsite operations and maintenance assistance targeted to a community's needs.

Endeavors such as those described above would not be possible without the collaboration and guidance of member Tribes. ITCA will continue to forge strong partnerships with Tribes to advance the interest of Tribal governments and their members in the coming year.



DIANE ENOS
President



JOHN LEWIS
Executive Director

2011 Executive Board

DIANE ENOS
President
President,
Salt River Pima-Maricopa
Indian Community

LOUISE BENSON
First Vice President
Chairwoman,
Hualapai Tribe

CLINTON PATTER
Second Vice President
President,
Fort McDowell
Yavapai Nation

AMANDA BARRERA
Secretary/Treasurer
Council Member,
Colorado River
Indian Tribes

Alberta C. Tippeconnic 1940-2011

THE ITCA EXECUTIVE BOARD AND STAFF DEDICATE THE 2011 ANNUAL REPORT TO THE MEMORY OF ALBERTA C. TIPPECONNIC, ASSISTANT DIRECTOR OF THE INTER TRIBAL COUNCIL OF ARIZONA, INC. FROM 1976 TO 2011.

Alberta was born January 20, 1940 in Ganado, Arizona and grew up on the Navajo Nation. Her clans are Tséjníkiní, Nanneesht'ézhí, Naatání and Honágháahnii. She received her Bachelor's degree from Arizona State University in Political Science and went on to complete post graduate work in Environmental Policy Research.

Early in her life, Alberta was instrumental in forming a unit of the League of Women Voters on the Navajo Nation and beginning the effort to register American Indians to vote. She also worked to improve access to polling locations for American Indians residing in Apache County through redistricting of precincts.

Alberta began working at ITCA as the Research Director in 1976 and became the Assistant Director of the organization six years later. As the Assistant Director, she worked on policy research and program development that strengthened Tribal governance. Throughout her productive career, Alberta helped improve the lives of American Indian people and their Nations by working on environmental, health, jurisdictional, leadership, cultural and historical projects and issues. She was determined in her advocacy for self-determination of Indian Nations in Arizona and nationally.

Alberta took the lead for ITCA to ensure that the Tribes in the Phoenix Area Indian Health Service established

a youth wellness treatment facility in the three state area. She was involved in the planning, development and advocacy to make the Desert Visions Youth Wellness Center a reality, and for more than 20 years it continues to serve American Indian youth.

Alberta was a staunch supporter and advocate for American Indian Rights and Civil Rights and was active in the American Civil Liberties Union (ACLU). She defined her life as an advocate for Arizona's American Indian Nations. Her work left a strong mark on the rights of Indian people.

Alberta was honored by receiving the *Native American Recognition Days Phyllis Bigpond Lifetime Achievement Award* in 2011. Again in 2012, she posthumously received the *National IHS Director's Award* in recognition of her many years of service to improve health care for American Indians and Alaska Natives in Arizona.

Alberta was also a dedicated wife and mother. Despite all the time she devoted to others, her sons said that she was always there for them and they never felt neglected.

Alberta's life and work continue to inspire and motivate each of us. We honor her life by continuing her work for American Indians in Arizona and nationally. We will always remember Alberta with deep affection and the utmost admiration and respect.



“ Alberta’s life and work continue to inspire and motivate each of us. We honor her life by continuing her work for American Indians in Arizona and nationally. We will always remember Alberta with deep affection and the utmost admiration and respect. ”



[WIC Program]

Eating, Growing and Learning with WIC

THE SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS AND CHILDREN, COMMONLY KNOWN AS WIC, PROVIDES HEALTHY, NUTRITIOUS FOODS LIKE WHOLE GRAINS, LOW-FAT MILK AND FRUIT AND VEGETABLES COMBINED WITH CLIENT-CENTERED NUTRITION INFORMATION TO HELP CHILDREN GROW AND DEVELOP INTO HEALTHY, THRIVING, ACTIVE CHILDREN WHO ARE READY TO LEARN.

Eating Healthy Foods

Healthy foods such as whole grains and fruit and vegetables can be difficult to obtain on reservations where access to foods is limited by distance, cost and inadequate transportation. The WIC Program increased availability of healthy foods at local stores in the communities where clients live by providing a market for the sale of whole wheat bread, corn tortillas, low-fat milk, fruit and vegetables and other healthy foods through WIC purchases. In 2011, WIC provided more than \$6.7 million worth of healthy foods, including over \$560,000 in fruit and vegetables to about 19,000 clients in twelve Tribal communities and the Phoenix and Tucson urban areas.



“ WIC has helped me and my family by providing us with milk, cereal, veggies, fruits and baby foods...without WIC, I don't know what I'd do. ”

— Gracie

Growing Knowledge

WIC is much more than just food! Checks for healthy foods were combined with nutrition and breastfeeding messages. Program clients were active participants in the education that was provided. Clients chose topics that were most relevant to them, ranging from how to get their child to eat more vegetables to ideas for healthy, on-the-go snacks. Families set their own goals to improve eating habits and boost the nutrition of their children with the help of WIC staff. In fact, 84% of clients said they felt involved in their nutrition sessions and 94% agreed that healthy eating tips provided were easy to use. Over 4,000 knowledge boosting sessions were facilitated by WIC staff each month last year. Adults weren't the only ones who learned! WIC provided age appropriate classes to kids, too, in a fun, active, participatory atmosphere that promoted reading and physical activity. Each month nearly 100 children participated in Fit WIC classes. Children listened to and discussed a nutrition-related book, helped prepare a healthy snack and participated in some fun activities that got kids moving! All children who participated left with a book to read at home and a toy that encouraged the child to be active.

Is Your Child a Picky Eater? *Feeding Your Child*
Try These Suggestions!
 A picky eater seems to eat only a few foods and refuses to try new foods. This is a stage many children go through, but that doesn't make it any easier. Don't worry, this can be a normal part of growing up. Read about your child's eating and try some of these suggestions.

Healthy Weight Gain *Healthy Eating*
4 Tips for Boosting Weight Gain
 1. Snack (or offer a snack) between meals. Don't forget a snack before bedtime.
 2. Carry snacks with you so you are always prepared.
 3. Allow children to eat when hungry and stop when full.
 4. Share meals with your family, make them enjoyable and stress free.

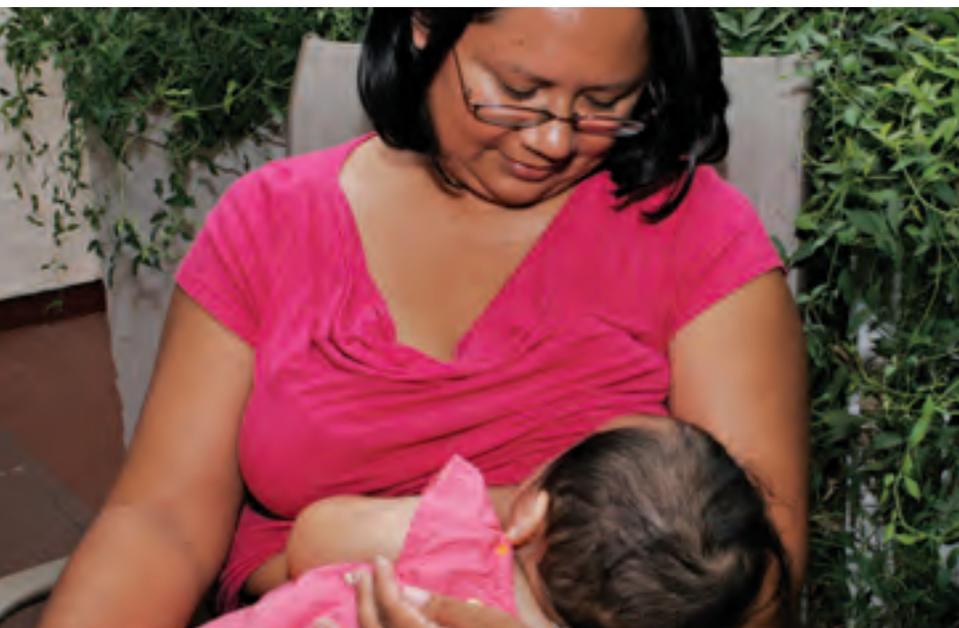
Be Regular, Feel Good *Nutrition For You*
8 HIGH FIBER FOODS
 • Beans
 • Raspberries
 • Whole Wheat Bread
 • Pears
 • Broccoli
 • Apples
 • Avocado
 • Oatmeal

Snack Fun and Healthy *Feeding Your Child*
5 SECRETS TO SMART SNACKING FOR KIDS
 1. VARIETY IS THE KEY!
 2. CHOOSE ONE OR TWO FOODS FROM THE GRAIN, DAIRY, FRUIT, VEGETABLE OR PROTEIN FOOD GROUPS.
 3. FILL THESE TUMMIES OFFER!
 4. OFFER HEALTHY SNACKS BETWEEN MEALS AND BEFORE BEDTIME.
 5. SAVE TIME!
 MAKE SNACKS AHEAD OF TIME SO KIDS CAN JUST GRAB ONE AND GO.

Hunger Snacks *Feeding Your Child*
5 HEALTHY CALORIE BOOSTER SNACKS
 1. Peanut butter sandwich with a glass of milk.
 2. Scrambled eggs with cheese and half bagel with cream cheese.
 3. Bowl of oatmeal with raisins* and walnuts.
 4. Vanilla yogurt with fruit topped with nugget cereal.
 5. Apple slices with peanut butter.

Staff Learning

WIC helped increase Tribal staff capacity by providing education and training for WIC staff. The Program supported staff in completing college level nutrition classes through Central Arizona College. Last year, 21 staff completed a total of 42 nutrition classes that boosted their knowledge. 95% of clients felt that WIC staff was knowledgeable about nutrition. WIC also provided an opportunity for staff to obtain professional credentials in breastfeeding. With the support of the WIC Program and combined with their intelligence, skill and determination, three staff, including two American Indian staff, completed the arduous requirements for and passed the difficult test to become International Board Certified Lactation Consultants (IBCLCs). IBCLCs are the professionals that the medical community looks to for breastfeeding assistance. ITCA is proud to have three IBCLCs on board with our program - Claesra Bedonie from ITCA and Rani Patel and Kim Moore-Salas from Native Health.



[Human Services Programs]



Safe and Nurtured Children

THE ITCA HUMAN SERVICES PROGRAMS IMPROVED TRIBAL HUMAN SERVICES PROGRAMS BY DEVELOPING HUMAN SERVICE POLICY, FACILITATING TRIBAL CONSULTATION, SERVING AS A TRIBAL LIAISON WITH THE STATE AND FEDERAL GOVERNMENTS AND BY PROVIDING TRAINING AND TECHNICAL ASSISTANCE TO TRIBAL HUMAN SERVICE PROGRAMS.

Ensuring Safe Environments for Children

This past year, the program boosted Tribal capacity to provide professional and effective child protective services by hosting the ITCA annual two-week Child Protective Services Academy with 14 Tribal staff successfully completing the Academy. The program also improved state and Tribal CPS workers' understanding and implementation of the Indian Child Welfare Act by hosting three trainings for 45 providers.

Promoting Healthy Learning and Development

The Annual Inter Tribal Circle of Caring & Sharing Training Conference was attended by 85 Tribal staff and enhanced their capacity to provide quality early childhood services to families. The Annual Indian Child & Family Conference provided an opportunity for 139 Tribal Social & Family Services staff to improve their skills and increase their knowledge to provide effective services to Tribal children and families.



Providing Forums for Learning and Sharing

The ITCA Human Services Program also coordinated and hosted quarterly meetings of the ITCA Tribal Social Services Working Group and the ITCA Early Childhood Working Group. These groups are significant forums for information exchange, policy discussion, legislative discussions as well as opportunities for Tribal consultation and input on issues or policy that directly or indirectly impact Tribal human services programs. Respectively, the two groups are made up of Tribal social services directors and child care directors as well as state and other program staff that can contribute to the success of Tribal social services and child care services.

Quality Health Services for Healthy Communities

THE INDIAN HEALTH SERVICE (IHS) FUNDED TRIBAL HEALTH STEERING COMMITTEE POLICY PROJECT PROVIDES A FORUM FOR LEADERS OF TRIBAL NATIONS IN THE PHOENIX AREA (ARIZONA, NEVADA AND UTAH)

to address American Indian health care priorities, policy issues and Indian health budgetary concerns. The Diabetes Nutrition component of the project develops and provides training and technical assistance for Special Diabetes Program for Indians staff and Tribal health departments.

Analyzing Health Policy Issues and Budget Concerns

ITCA analyzed health policy issues and supported Tribal leader meetings to discuss current health concerns and emerging trends among Tribes in Arizona, Nevada and Utah and involved Tribes in monitoring the FY 2011 enacted budget, the FY 2012 appropriations process and prioritizing health needs and making budgetary recommendations to the Department of Health and Human Services (DHHS) and IHS for the FY 2013 budget formulation.

Ensuring Understanding of Healthcare Reform

Tribal Consultation and information dissemination regarding the implementation of numerous provisions of Public Law 111-148, the Patient Protection and Affordable Care Act, impacting the Indian health care system as well as American Indians and Alaska Natives individually was a major focus of the meetings of the Tribal Health Steering Committee for the Phoenix Area IHS, ITCA Tribal leadership meetings and Tribal health and human services officials. ITCA also ensured that DHHS responded to health priorities of Tribes and that Tribes have access to Medicare, Medicaid and CHIP (Children's Health Insurance Program) covered services by providing support to regional and national Tribal advisory groups.

Improving Tribal Response to Diabetes

The Diabetes Nutrition Program improved Tribal capacity to manage diabetes programs by providing technical assistance to Tribal Programs on a variety of topics including diabetic meal planning, healthy cooking, carbohydrate counting, weight management, nutrition needs for adolescents and elderly, physical activity and traditional foods.



Healthy Water, Clean Air, Beautiful Lands

THE ENVIRONMENTAL QUALITY PROGRAMS HELPED TRIBES ENSURE HEALTHY DRINKING WATER, CLEAN AIR AND BEAUTIFUL LANDS FOR TRIBAL MEMBERS TO ENJOY.

Safe Drinking Water and Sanitation

The Tribal Water Systems Program (TWS) provided training and technical support for Tribal staff responsible for the production, treatment, and distribution of drinking water and the collection and treatment of wastewater on Tribal lands. In 2011, 461 Tribal staff attended TWS certification trainings and 165 Tribal staff achieved water or wastewater system operator certification. Water and wastewater operator certifications verify that an operator has achieved a specified level of competency through technical training, examination, and practical experience. Having certified operators helped Tribes ensure the health and safety of their drinking water. TWS also provided on-site technical assistance to three Tribal communities helping them improve compliance with the US EPA Safe Drinking Water Act (SDWA) and Clean Water Act (CWA) requirements.



Protecting the Health of Tribal Communities and Agricultural Workers

The Pesticide Enforcement and Pesticide Worker Safety Programs provided three Tribes - Cocopah, Quechan and Fort Mojave Indian Tribes - with technical assistance in the inspection and monitoring of the use of pesticides on Tribal lands and enforcing Tribal pesticide codes and the Federal Insecticide, Fungicide and Rodenticide Act, including Worker Protection Standards. The program staff worked on-site with each Tribe to assist Tribal inspectors in identifying and attending necessary meetings and trainings, executing all of the work plan deliverables, conducting inspections based on a Tribal Neutral Inspection Scheme, and submitting comprehensive inspection reports.

The ITCA Pesticide Program, in coordination with the Salt River Pima-Maricopa Indian Community and the Environmental Protection Agency Region 9, hosted a Tribal Pesticide Inspector Training that provided inspectors the opportunity to receive and exchange information on current pesticide issues, field experiences, and conducting various types of pesticide inspections. The training provided continuing education hours through the Arizona Department of Agriculture to licensed and certified pesticide applicators. Approximately thirty inspectors attended the training from various locations throughout the country including Coeur d'Alene Tribe, Aroostook Band of Micmacs, Cocopah Tribe, Gila River Indian Community, Salt River Pima-Maricopa Indian Community, Ak-Chin Indian Community, Kasha Band of Pomo Indians, Washoe Tribe and the Arizona and Nevada Departments of Agriculture.



Safeguarding Tribal Lands

The Tribal Solid Waste Management Program assisted the Yavapai Apache Nation with developing an integrated solid waste management plan and provided environmental outreach to Tribes on proper solid waste disposal and the benefits of recycling. The program developed outreach materials for the Hopi Tribe related to illegal dumping and for the Yavapai Apache Nation on their new recycling program. The program also coordinated and facilitated a Tribal Solid Waste Working Group Meeting, which provided an opportunity for Tribal solid waste professionals to obtain updated solid waste information, meet solid waste and recycling companies/organizations, and network with other solid waste programs and organizations in order to strengthen Tribal solid waste programs. The Underground Storage Tank Compliance Assistance and Training Support (UST CATS) Program provided eleven compliance trainings for UST owners and operators and six awareness trainings for Tribal personnel to assist them in protecting the health of the community and the environment. The program also coordinated, facilitated, and provided training on the following three areas of UST Compliance: Module I: Installation, Module II: Operations & Maintenance, and Module III: Decommissioning and Removal.

Maintaining Healthy Breathable Air

The Tribal Air Quality Program worked to increase the awareness of maintaining good air quality through the distribution of educational material, providing staff support and technical assistance, and tracking policy development to provide guidance related to changes in policies that affect Tribes. The program also assisted the Fort Mojave Indian Tribe with the initial phase of conducting an emissions inventory of their reservation to document sources of air pollution affecting Tribal lands.

“ The TWS program brings in other resources – Technical Assistance, Networking, and information about funding opportunities. ”





Elders: Connecting the Communities

THE AREA AGENCY ON AGING (AAA), REGION 8 AND THE ITCA MEMBER TRIBES WORK TOGETHER TO PROVIDE NUTRITION, HOME AND COMMUNITY BASED SERVICES, HEALTH PROMOTION, PUBLIC BENEFITS EDUCATION, AND FAMILY CAREGIVER SUPPORT SERVICES TO ELDERS AND CAREGIVERS LIVING IN TRIBAL COMMUNITIES.

Health Promotion/ Disease Prevention

The Teaching Elders About Chronic Diseases (TEACH) Program promoted two evidence-based health promotion models - Enhance Fitness and Chronic Disease Self-Management - to improve the health of elders through expansion of physical activity opportunities and access to knowledge to assist them in coping with their chronic diseases. AAA staff conducted an Enhance Fitness Lay Leaders Training at the Gila River Indian Community in June 2011 to kick-off the program for three Tribes: Fort Mojave Indian Tribe, Gila River Indian Community, and Salt River Pima-Maricopa Indian Community. The Tribes are now offering classes three times per week to elders. The exercises offered during the classes help elders gain strength and reduce required medications. Salt River Pima-Maricopa Indian Community also implemented the Chronic Diseases Self-Management Program where two lay leaders were trained and offered monthly classes to elders. Classes helped elders advocate for themselves, manage their disease conditions, speak with health care providers about their health, and understand their medications.

Community Education and Information

The Arizona Indian Council on Aging (AICOA) hosts an annual conference to provide elders and staff working with elders the opportunity to learn about relevant topics such as Medicare, social security and medication management, network and socialization, and to participate in physical activities. This year's conference was held at the Fort McDowell Radisson Conference Center on March 21-24, 2011. Dr. George Charles, Director of the National Resource Center for American Indian, Alaska Native & Native Hawaiian Elders provided the opening keynote speech focusing on the challenges of providing services in native communities. More than 550 elders participated in the learning sessions and activities during the conference which included a senior games event to promote physical activity, socialization and mental health for elders.



Caregiver Education and Information

The Family Caregiver Support Program provided information, assistance, respite care and other services to caregivers of elders and grandparents or relatives of children. One of the key activities was the annual Tribal Caregiver Conference held on November 7-9, 2011, which offered caregivers twenty workshops to assist them in providing care to their loved ones. Over 180 family caregivers learned about a variety of family caregiver topics including advocacy and tips for taking care of themselves from national speakers and program staff. AAA also provided nine education sessions within Tribal communities and assisted with three Tribal caregiver conferences at Salt River Pima-Maricopa Indian Community, Gila River Indian Community, and Tohono O’odham Nation.

Medicare and Public Benefits Education

The Public Benefits Outreach (PBO) Program provided outreach, education and counseling to over 1,400 elders to assist them in effectively utilizing public benefits such as Medicare and social security. Through special targeted funding, the program conducted outreach and enrolled elders into the Medicare Part D Low Income Subsidy Program. The PBO Program recruited three additional volunteers to the existing pool of five that conduct outreach and education in four Tribal communities.



“ We are gaining strength and flexibility after participating in the [Enhance Fitness] exercise program, we are able to walk further without resting. ”



[Effective Response Activities]

Effective, Efficient Emergency Response

Preparing for Emergencies

Hazardous Materials Emergency Preparedness (HMEP) assists Tribes in preparing for and responding to public health threats and emergencies, such as bioterrorism and pandemic influenza. HMEP coordinated and facilitated fifteen training courses with a total of 443 Tribal First Responders. In addition, the program provided planning activities and training events to seventeen Tribes in Arizona.

Implementing the National Incident Management System on Tribal Lands

The Navajo Nation Emergency Mutual Aid Compact Program (NNEMAC) provided facilitation and coordination efforts, through a cooperative agreement with the Navajo Nation, to formalize existing emergency management systems for a more efficient and effective sharing of resources, during times of disaster or emergency. Components of the NNEMAC program including providing Incident Command System (ICS) training to the Navajo Nation emergency responders

at all of the Chapter Houses, to establish and implement a Navajo Nation Emergency Mutual Aid Compact for external and internal sharing of resources, to develop and implement an Emergency Resource Inventory Database and to assist in the development of a training database to manage Tribal Personnel training activities.

“ I found the emergency preparedness training really valuable, it relates the information back to our people to understand the role of the local ALERT Team. ”

Tribally Driven Research and Data Analysis



Promoting Tribal Research

The American Indian Research Center for Health (AIRCH) worked with two Tribes to conduct research in the area of diabetes and cardiovascular disease prevention and complementary alternatives medicine utilization. AIRCH also coordinated a “Policies and Practices for Community Health Research in Indian Country” Conference in August 2011 that provided a forum to address community health research in Tribal communities. Topics included community, behavioral health and social services research as well as research protocols in Indian Country. The conference also provided the opportunity for ongoing dialogue among Tribal leaders, health officials, researchers, students and other key stakeholders regarding establishing effective research in American Indian communities through Tribally-driven participatory research.

The Southwest American Indian Collaborative Network (SAICN), in partnership with the University of Arizona and the Hopi Tribe, developed a Tribal Patient Navigation Training for health care workers to improve their ability to assist cancer patients and their families and caregivers in navigating the health care system.

Generating Useful, Quality Data

The Tribal Epidemiology Center (TEC) is one of 12 Tribal Centers nationally that were established by Cooperative Agreement with the Indian Health Service, Division of Epidemiology and Disease Prevention. The ITCA TEC was established to improve health capacity, involve Tribes in community research, develop community disease prevention strategies, and establish community disease surveillance systems.

The ITCA TEC developed statewide health profiles for Tribes in the states of Arizona, Nevada and Utah as well as community health profiles for seven Tribes and maternal and child health profiles for twelve Tribes and an urban Indian health center. These data provide Tribes with a resource to utilize in program planning, evaluation and decision-making.

The ITCA TEC also established access to vital statistics data for American Indians from the Arizona, Nevada and Utah state health departments, requesting geo-coded data, as available. With such data, the TEC will be able to assist Tribes in mapping disease prevalence and incidence, improve disease surveillance and generate reports and/or bulletins on priority health indicators, including infectious and chronic diseases.





Safe and Energy-Efficient Communities

Weatherizing Homes

The Weatherization Assistance Program assists Tribes in improving Tribal members' homes in order to save energy, lower fuel bills and improve health and safety. Over the past year, ITCA provided weatherization assistance for 53 homes on seven reservations, primarily in homes where elders, people with disabilities or families with children reside.

Safe, Lead-free Environments

The Lead Education and Outreach Program distributed lead outreach and education materials to all twenty Tribes in Arizona that included brochures and posters targeted at families with children and for those working with lead. Lead awareness presentations were provided to eleven Tribal communities and seven Train-the-Trainer Workshops were provided to maximize distribution of lead awareness information. In addition, an outreach booth was set up at ten Tribal health care events and health-related conferences.

“ The work done here really worked, the back bedroom was always too hot or too cold – now it is fine and the whole house is all the same – really good work. ”

– Elderly Woman
from Colorado River
Indian Tribes





[Health Promotion]

Strengthening Community Wellness

Promoting Healthy Sexual Behaviors in Teens

The Tribal Teen Pregnancy Prevention and Youth Development Program is implemented in three Tribal communities to engage parents and youth, 12 to 18 years old, in activities such as service learning projects, and sessions related to education, communication, and prevention of teen pregnancy and STIs. In 2011, 68 American Indian youth attended ITCA's annual youth health promotion conference. Over 238 youth and 289 parents participated in the local Tribal programs in 2011.

Promoting Commercial Tobacco-free Tribal Communities

The Community Tobacco Education and Prevention Program (CTEPP), in collaboration with five Tribes and three urban Indian centers, provided best practice methods to reduce commercial tobacco use among American Indians in Arizona. Through training provided by the Arizona Smoker's HelpLine (ASHLine), Tribal programs made referrals for individual smokers who were ready to quit. In addition, AI youth were trained to become advocates in supporting and initiating policies that affect their communities.

“ The Native Health Tobacco Program assisted clients/patients in receiving ASHLine referrals for individuals interested in quitting smoking and/or smokeless tobacco use. ”

Promoting Healthy Sexual Behaviors in Women

The “In Community Spirit” Project adapted “Sisters Informing Sisters on Topics about AIDS-SISTA”, an HIV/AIDS evidence-based intervention for American Indian women. The intervention is led by female facilitators and is designed to reduce sexual HIV/STI risk behaviors. The project was implemented in three Tribes in Arizona. Community feedback sessions focusing on the adaptation of the original curriculum and the implementation process were held. The adapted curriculum is now called “Native American Sisters Informing Sisters: Talking, Educating, and Reducing the Risk (NA SISTER).”



[Scholarship Fund Recipients]

American Indian Students Succeeding in Secondary Education

THE FRANK J. CAVERLY SCHOLARSHIP FUND PROVIDED FINANCIAL SUPPORT FOR AMERICAN INDIAN STUDENTS WHO ARE PURSUING POST-SECONDARY EDUCATION AT A UNIVERSITY, COLLEGE, JUNIOR COLLEGE, OR VOCATIONAL/TECHNICAL SCHOOL.

Mr. Caverly was an insurance broker in Pima County who had an interest in American Indian culture and provided this scholarship fund to assist American Indian students with financial need. ITCA sponsors American Indian students and provides scholarships to partially fund tuition, books and other educational expenses at universities and trade schools.

In 2011, ITCA assisted eleven American Indian students attending universities, community colleges, or vocational training institutes in achieving their educational goals. With assistance from ITCA, one student earned a Master's degree and another student completed vocational training in auto mechanics.



MURLYNN LEE
Navajo-University of
Nevada Las Vegas
Ph.D Candidate

Quality Dental Services for Healthy Smiles

THE DENTAL PREVENTION AND CLINICAL SUPPORT CENTER (DPCSC) ASSESSES THE PERCEIVED NEEDS OF THE INDIAN HEALTH SERVICE (IHS) DENTAL PROGRAMS,

provides technical assistance for the IHS Dental Programs and IHS Division of Oral Health's National Initiatives, promotes research, serves as a clearing house for oral disease prevention materials, provides grant writing trainings and provides continuing education opportunities for IHS dental staff.

The DPCSC built knowledge and capacity of IHS, Tribal and Urban Indian Dental Programs by providing seven hours of Continuing Dental Education on a variety of topics including Health Promotion Disease Prevention Program Award, Oral Health Epidemiology, Pediatric Dentistry and Substance Abuse and Oral Health. The DPCSC also implemented the Portable Dental Clinical Equipment Loan Program to improve

access to dental care procedures with a total of 32 pieces of equipment loaned to dental programs. Through the use of the portable equipment two of the dental programs placed close to 4,500 sealants and 1,300 fluoride varnish applications while implementing their community-based dental prevention programs.

In addition, the ITCA DPCSC was awarded an American Dental Association Foundation grant to develop oral health educational materials. The ITCA DPCSC partnered with the American College Health Centers and distributed donated oral hygiene supplies to three communities. The DPCSC disseminated oral health educational materials to five Tribal communities that requested them for their dental programs. ITCA partnered with Native Health to conduct oral health train the trainer courses for community workers.

“ Salt River Health Department borrowed dental equipment from the ITCA Dental Center for the Salt River Dental Clinic... As a result, 199 students received Fluoride varnishes, dental screenings and sealants. ”



[Audited Financial Statement]

Statement of Activities

Revenue and Other Support

Grants and Awards	\$ 16,532,295
Infant Formula Rebate Revenue	2,034,202
Donated Facilities and Supplies	245,000
Contributions	45,625
Investment Revenue/Rental Income	250

Total Revenue And Support 18,857,372

Expenses

Program Services	17,729,502
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Supporting Activities

Management and General	1,181,149
Fund Raising/Grant Solicitation	17,575

Total Expenses 18,928,226

Change in Net Assets before Minority Interest	70,854
Minority Interest in Subsidiary's Earnings	606

Change in Net Assets 71,460

Net Assets-Beginning of Year 2,613,231

Net Assets-End Of Year \$ 2,541,771

Statement of Financial Position

Current Assets

Cash	\$ 530,942
Grants and Awards Receivable	3,465,786
Prepaid Expenses	15,602
Other Receivables	24,867

Total Current Assets 4,037,197

Property and Equipment, Net 2,360,203

Total Assets 6,397,400

LIABILITIES AND NET ASSETS

Current Liabilities

Accounts Payable	2,587,588
Accrued Expenses	235,560
Funds Held in Trust	71,631
Current Portion of Long-Term Debt	50,321

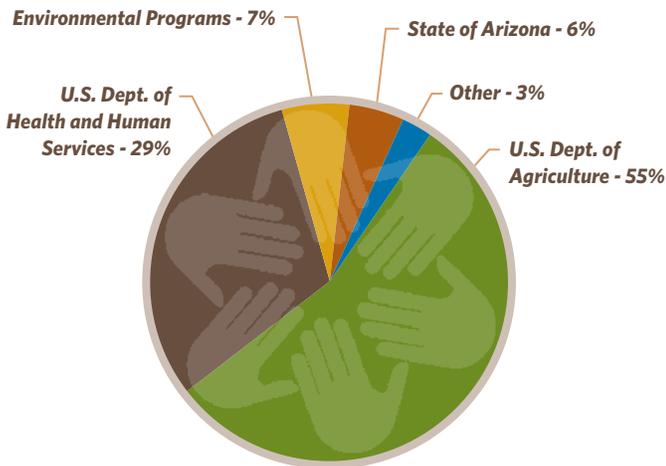
Total Current Liability 2,945,100

Long-term Debt, Net of Current Portion 414,923

NET ASSETS-UNRESTRICTED

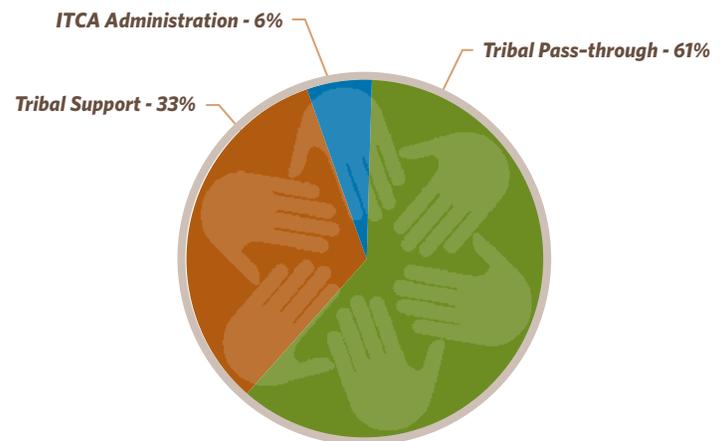
Controlling Interest	2,517,785
Minority Interest	495,606
Temporarily Restricted	23,986

Total Liabilities & Net Assets \$ 6,397,400



ITCA revenue totaled \$18,857,372 for fiscal year ending 9/30/11. The majority of revenue was obtained from federal sources (91%). State sources were (6%) and other funding sources, including contributions, accounted for 3% of revenue.

\$10,390,702 (Includes Infant Formula Rebate Revenue)
\$5,534,688
\$1,226,515
\$1,169,593
\$535,874



The functional expenses totaled \$18,928,226. The majority of ITCA funds (94%) support the Tribal programs via the pass-through of funding to member Tribal governments or through the provision of training and technical assistance to Tribes. The balance of funds (6%) supports administration of the organization.

\$11,562,344
\$6,167,158
\$1,198,724

[2011 ITCA Conference Sponsors]

ITCA APPRECIATES THE DONATIONS PROVIDED BY THE FOLLOWING ENTITIES THAT ALLOW US TO FURTHER OUR RESOURCES AND EXPAND OUR REACH.

\$5,000 +

Ak-Chin Indian Community
Casino Arizona
Colorado River Indian Tribes
Gila River Indian Community
Tohono O'Odham Nation

\$500 - \$2,499

Au' Authum Ki, Inc.
Calendar Stick Business Park
Gu-Achi District- Tohono O'Odham Nation
Harrah's Ak-Chin Casino
Hon-Dah Resort Casino
Janet Andrews & Pat King Fundraising
Kaibab Paiute Tribe
Pascua Yaqui Tribe
Phoenix Cement Company
Saddleback Communications
Salt River Pima-Maricopa Indian Community
San Carlos Apache Tribe
Sells District Gaming
White Mountain Apache Tribe Elders
Yavapai Prescott Tribe

\$2,500 - \$4,999

Ft. McDowell Yavapai Nation
Quechan Tribe
Schuk Toak District -Tohono O'Odham Nation

\$500 AND BELOW

A & A Materials
Agate, Inc.
Ak-Chin Elderly Program
Cellular One
Colorado River Indian Tribes Farms
Gu-Vo District- Tohono O'Odham Nation
Hopi Tribe Office of the Vice Chairman
JR's Convenience Store
My Bookkeeping Place
Salt River Senior Steppers
Stayskons Enterprises
Strickland & Strickland
Utility Strategies
Tohono O'Odham Nation Utility Authority



**Without our generous sponsors,
we would not be able to provide the
quality learning opportunities for
Tribal Program staff and elders.**



EXECUTIVE

Executive Director | **John Lewis**

Assistant Director | **Alberta Tippeconnic (1940-2011)**

FINANCE

Finance Officer | **Alice Morgan**

Finance Manager | **Karen Primmer**

Accounts Payable Specialist | **Elva Yazzie**

ADMINISTRATIVE

Office Manager | **Verna Monenerkit**

Human Resources Specialist | **Bette Hartsfield**

Events Coordinator | **Crystal Wyaco-Little**

Design Specialist | **April Wesley**

Administrative Assistant | **Naida Mansfield**

Administrative Assistant | **Crystal Thomas**

Administrative Assistant | **Bernadette Guy**

Administrative Assistant | **Rafaella Contreras**

Receptionist | **Marilyn Vaughn**

Receptionist | **Felisa Scott**

Physical Facilities Coordinator | **Bridget Buchanan**

Facilities Maintenance Coordinator | **Gary Shupla**

HEALTH

Health Promotion Program Director | **Gwenda Gorman**

Health Promotion Coordinator | **Glenda Lumpmouth**

Health Program Specialist | **Travis Lane**

Health Systems Analyst | **Alida Montiel**

Health Programs Specialist | **Sherrilla McKinley**

Dental Support Center Director | **Alyssa York**

Health Program Specialist | **Naomi Lane**

SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS AND CHILDREN

WIC Director | **Mindy Jossefides**

WIC Nutrition Coordinator | **Brandy Warwick-Thier**

WIC Breastfeeding Coordinator | **Claresa Bedonie**

WIC Vendor Coordinator | **Crystalina Corona**

WIC Nutritionist | **Serene Mazhar**

WIC Nutritionist | **Laura Munson**

WIC Information Systems Coordinator | **Rich Burch**

WIC Information Systems Specialist II | **Les Spangler**

WIC Administrative Coordinator | **Christine Kerr**

RESEARCH AND EVALUATION

Southwest American Indian Collaborative Network
and American Indian Research Center

for Health Program Director | **Kenton Laffoon**

Tribal Epidemiology Center Epidemiologist | **Keisha Robinson**

Tribal Epidemiology Center Epidemiologist | **Sibeso Joyner**

Tribal Epidemiology Center

Administrative Coordinator | **Quannee Oosahwe**

HUMAN SERVICES PROGRAM

Human Services Systems Director | **Warren Kontz**

Workforce Investment Act Program Specialist | **Kathy Davis**

AREA AGENCY ON AGING

Area Agency on Aging Program Director | **Lee Begay**

Area Agency on Aging Program Specialist | **Laurai Atcitty**

Area Agency on Aging Caregiver Support
Program Specialist | **Archie Mariano**

Area Agency on Aging Public Benefits Specialist | **Janell Hardy**

Area Agency on Aging Independence Living Support
Program Specialist | **Tiffany Yazzie**

Area Agency on Aging Program Specialist | **Kim Russell**

ENVIRONMENTAL QUALITY PROGRAMS

Environmental Programs Director | **Elaine Wilson**

Public Health Preparedness

Program Coordinator | **Adrian Hendricks**

Environmental Program Coordinator | **Roland Chester**

Environmental Program Coordinator | **Elaina Doral**

Pesticide Program Environmental Specialist | **Africa Dorame-Avalos**

Tribal Water Systems Program Administrator | **Brian Bennon**

Tribal Water Systems Environmental Specialist | **Landon Hardy**

Environmental Specialist | **Tyler Walls**

COMMUNITY DEVELOPMENT

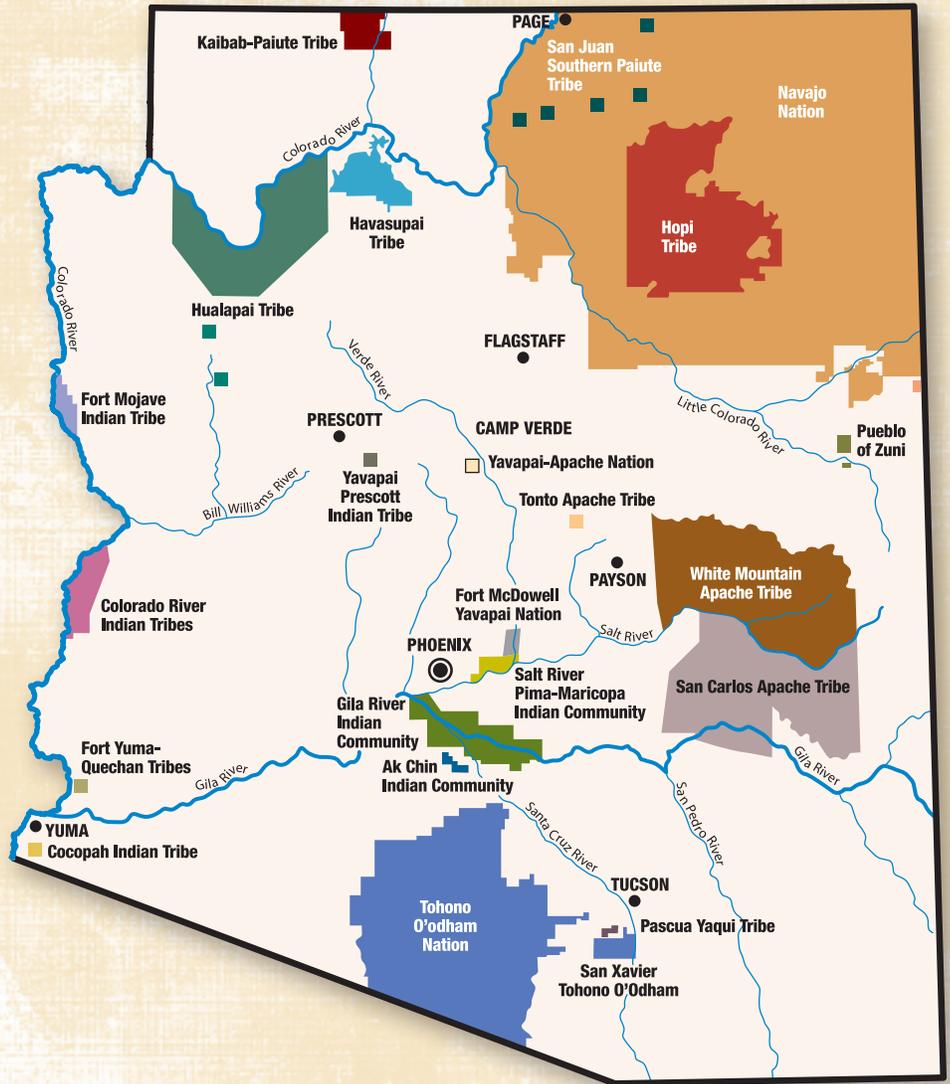
Community Development Director | **Patrick McMullen**

Community Development Specialist | **Delono Ashley**

Transportation Project Coordinator | **Esther Corbett**

Member Tribes

-  Ak-Chin Indian Community
-  Cocopah Indian Tribe
-  Colorado River Indian Tribes
-  Fort McDowell Yavapai Nation
-  Fort Mojave Indian Tribe
-  Gila River Indian Community
-  Havasupai Tribe
-  Hopi Tribe
-  Hualapai Tribe
-  Kaibab-Paiute Tribe
-  Pascua Yaqui Tribe
-  Pueblo of Zuni
-  Quechan Tribe
-  Salt River Pima-Maricopa Indian Community
-  San Carlos Apache Tribe
-  Tohono O'odham Nation
-  Tonto Apache Tribe
-  White Mountain Apache Tribe
-  Yavapai Apache Nation
-  Yavapai-Prescott Indian Tribe



GILA RIVER INDIAN COMMUNITY
Est. 1859



COLORADO RIVER INDIAN TRIBES
Est. 1865



SAN CARLOS APACHE TRIBE
Est. 1871



WHITE MOUNTAIN APACHE TRIBE
Est. 1871



TOHONO O'ODHAM NATION
Est. 1874



PUEBLO OF ZUNI
Est. 1877



SALT RIVER PIMA-MARICOPA INDIAN COMMUNITY
Est. 1879



HAVASUPAI TRIBE
Est. 1880



HOPI TRIBE
Est. 1882



HUALAPAI TRIBE
Est. 1883



QUECHAN TRIBE
Est. 1884



FORT MCDOWELL YAVAPAI NATION
Est. 1886



FORT MOJAVE INDIAN TRIBE
Est. 1910



AK-CHIN INDIAN COMMUNITY
Est. 1912



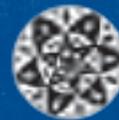
COCOPAH INDIAN TRIBE
Est. 1917



YAVAPAI APACHE NATION
Est. 1925



KAIBAB-PAIUTE TRIBE
Est. 1934



YAVAPAI-PRESCOTT INDIAN TRIBE
Est. 1935



TONTO APACHE TRIBE
Est. 1972



PASCUA YAQUI TRIBE
Est. 1978



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