1st Birthday. 1st Priority.

1st Dental Visit.

Take your baby for a dental visit by her first birthday.

Early dental care is very important for your baby and can help prevent

a serious dental problem called Early Childhood Caries (ECC) — the number one chronic disease of childhood.



What happens at a baby's 1st dental visit?

You may sit "knee to knee" with the dentist with your baby lying across both laps. Her teeth will be checked for problems, and you will receive tips on how to care for her mouth. She may also receive a fluoride treatment to help prevent cavities.



Check your baby's teeth every month.

Once a month, lift your baby's top lip and check her teeth along the gum line. If white or brown spots are on her teeth, take your baby to a dentist. Spots may be a sign of ECC.



Prevent ECC! Schedule a dental appointment as soon as the first baby tooth appears.





