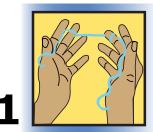


## **How to Floss**

Floss at least 2 times a day for healthy gums.

7



Use about 18" of floss, leaving an inch or two to work with.



Be sure to clean beneath the gumline, but avoid snapping the floss on the gums.

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 $\gamma\gamma\gamma$ 

Gently follow the curves

of your teeth.

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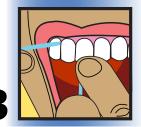
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