

Inter Tribal Council of Arizona, Inc. WIC Program
FY 2016-2018 Minimum Stock Criteria
 Effective October 1, 2016

The Vendor shall have the WIC authorized food items in brands, quantities and varieties as specified in the table below. WIC authorized items shall be only those listed on the Arizona WIC Programs Food List. Vendor will adequately stock contracted infant formulas.

FOOD ITEM	BRAND/TYPE	QUANTITIES REQUIRED TO STOCK	SIZE	# OF VARIETIES	NOT ALLOWED
Milk	Store/house (declared) brand only of refrigerated milk	12 gallons and 3 half gallons	Gallon containers Half gallon containers	Must carry 3 gallons of whole milk and 9 gallons of 1% or skim milk. and Must carry 3 half gallons of 1% or skim milk.	No chocolate milk, flavored milk, buttermilk, acidophilus milk, half and half, rice milk, raw milk, sweetened condensed milk, creamers, filled milk or organic milk.
Cheese	Store/house (declared) brand only plain domestic prepackaged Only these types: <ul style="list-style-type: none"> • Cheddar (includes longhorn) • Colby (includes longhorn) • Monterey Jack • Mozzarella, including string cheese Blended cheeses of the above are allowed (i.e. Colby jack).	4 pounds	1 pound packages	2 varieties	No diced, grated, shredded or sliced cheese, cheese from deli counter, random weight cheese, cheese with added peppers or ingredients, imported cheese, processed American cheese, processed cheese food, cheese product or cheese spread, cream cheese and no cheese sticks or swirls and no organic cheese. No packages less than 16 ounces.
Yogurt	Only these brands: <ul style="list-style-type: none"> • Brown Cow • Dannon • Essential Everyday • Food Club • Great Value • Kroger • Lucerne • La La • Market Pantry • Mountain High • Yoplait 	4 containers	32 ounce containers	2 flavors and 1 container whole milk yogurt and 3 containers low-fat or non-fat yogurt	No yogurts with mix-ins such as granola, candy pieces, honey, nuts and similar ingredients. Nor yogurts that are Greek, organic or drinkable.
Eggs	Store/house (declared) brand only, fresh, raw, white chicken eggs	4 dozen	Medium or large one dozen cartons	N/A	No specialty eggs, low cholesterol, DHA, organic, free range, cage free, extra-large or jumbo size eggs, brown eggs,

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					eggs in six pack cartons or egg substitutes.
Beans	Any brand and type of dry beans, peas or lentils in one pound packages.	4 pounds	16 ounce packages	2 varieties of beans, peas or lentils.	No green, yellow, or wax beans, fresh or frozen beans, refried beans, bean soup mixes with flavoring packets/spices, snap beans and no gourmet or organic beans. No bulk beans
Canned Beans	Any brand of pinto, black, garbanzo, cannellini, white kidney, great northern, red kidney, black-eyed peas, navy, red, pink and lima	8 cans	Up to 16 ounce cans	Must carry 2 varieties and 1 must be pinto beans	No beans with added fat, oil, seasoning, spices or meat, no pork and beans, baked beans, chili beans or refried beans. No peas or lentils, Cajun, barbecue or ranch style beans. No sugar added except for sugar used to process beans, e.g. kidney beans.
Peanut Butter	Any brand of plain, smooth, chunky, natural, low sodium or low sugar peanut butter	2 jars	16 to 18 ounce jars	N/A	No peanut butter spread, peanut butter with added jams, jellies, chocolate, DHA, omega-3 or honey, peanut butter in tubes or organic peanut butter.
Canned Fish	Any brand of water packed chunk light tuna	6 cans of tuna	5 ounce cans	N/A	Tuna: No solid white or Albacore tuna, tuna with soy protein added, oil packed tuna, prime fillet, lunch kit tuna mix, tuna packed in pouches, tuna with added ingredients, flavored or seasoned tuna.
	Any brand of water packed pink salmon	6 cans of salmon	5 ounce cans	N/A	Salmon: No salmon with added ingredients, red salmon, salmon in pouches, flavored or seasoned salmon, Atlantic salmon or fillets.
	Any brand and any type of sardines	8 cans of sardines	3.75 ounce cans	N/A	Sardines: No Brisling or Norwegian sardines.
Cereal	Only these brands for Cold Cereal: Crispy Rice: Best Yet, First Street, Great Value Toasted Oats: *Best Yet, *Essential Everyday, *First Street, *Food Club, *Great Value, *Hy-Top, *Kroger, *Market Pantry, *Safeway Kitchens	12 boxes of cold cereal and 2 boxes of hot cereal	14 ounces or larger of cold cereal in bags or boxes and 11.8 ounces or larger of hot cereal in boxes	Must carry 3 varieties of cold cereal and at least half must be whole grain (*) and 1 variety of hot cereal	Cold Cereal <ul style="list-style-type: none"> • Cold cereals less than 14 ounces • Variety packs • Frosted cereals except those listed as allowed • Organic Hot Cereal <ul style="list-style-type: none"> • Hot cereals less than 11.8 ounces • Added raisins, fruit or

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	<p>General Mills: *Total, Kix (plain), *Cheerios (plain and Multigrain), and Chex (Corn, Rice and *Wheat)</p> <p>Kellogg's: Corn Flakes, Special K Original, *All-Bran Complete Wheat Flakes, *Frosted Mini Wheats Original, and Rice Krispies</p> <p>Malt-O-Meal: *Frosted Mini Spooners and Crispy Rice</p> <p>Post: *Great Grains Banana Nut Crunch, Honey Bunches of Oats (Honey Roasted, Almond, *Whole Grain Almond Crunch, *Whole Grain Honey Crunch, *Whole Grain Vanilla Bunches), *Grape Nuts Original, Grape Nuts Flakes</p> <p>Quaker: Life (Original), *Oatmeal Squares (Brown Sugar and Cinnamon)</p> <p>Only these brands for hot cereal: Cream of Wheat Original: (Instant Original Flavor individual packets, 1 minute and 2.5 minute varieties) Malt O' Meal Original: Original hot wheat cereal Quaker Instant Oatmeal: *Original individual packets</p> <p>(*) Indicates Whole Grain</p>				<p>nuts</p> <ul style="list-style-type: none"> • Variety packs • Organic
Juice	<p>Only these brands of vitamin C fortified, 100% juice, no added sugar, 64 oz. shelf stable juice:</p> <ul style="list-style-type: none"> • Seneca apple • Treetop apple • Welch's grape and white grape • Langers apple, grape, white grape and pineapple • Western Family apple and grape • Shurfine apple and grape 	<p>4 shelf stable or refrigerated</p> <p>and</p> <p>6 frozen</p>	<p>64 ounce containers</p> <p>and</p> <p>11.5-12 ounce frozen containers</p>	<p>Shelf stable or refrigerated: 3 varieties and 1 must be orange juice</p> <p>Frozen concentrate: (2 varieties)</p>	<p>No added sugars, sweetener or organic juice, Odwalla or Naked brands.</p>

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	<ul style="list-style-type: none"> • Campbell's tomato • Any brand orange or grapefruit <p>Only these brands of 100% juice: 64 oz. refrigerated juice:</p> <ul style="list-style-type: none"> • Any brand orange <p>Only these brands of 100% juice: 11.5-12 oz. frozen concentrate:</p> <ul style="list-style-type: none"> • Seneca apple • Dole pineapple • Old Orchard apple, grape, and pineapple • Treetop apple • Welch's grape and white grape • Langers apple • Western Family apple and grape • Shurfine apple • Any Brand orange and grapefruit 				
Infant Formula	Similac Advance	27 cans	12.4 ounce cans	N/A	
	Gerber Good Start Soy	9 cans	12.9 ounce cans	N/A	
Infant Cereal	Gerber or Beech Nut brands only, plain single grain without fruit	12 Or 6	8 ounce packages Or 16 ounce packages	2 varieties and 1 must be rice cereal	No infant cereal with added fruit, sugar, yogurt, formula or DHA/ARA, jars, cans or single serving cups, high protein, mixed cereals or organic infant cereal.
Infant Fruits and Vegetables	Only these brands of , Stage 2, any single variety or combination of plain fruits or vegetables in 4 oz. containers : <ul style="list-style-type: none"> • Beechnut • Gerber • Tippy Toes 	128 containers	4 ounce containers can be single containers, 2-packs or both.	4 varieties of fruits and 4 varieties of vegetables	No infant fruits and vegetables with added salt, sugar or starches, desserts, dinners and food combinations, added formula, cereal or DHA/ARA, smoothies or organic infant foods.
Infant Meats	Only these brands of single ingredient infant meats with added broth or gravy: <ul style="list-style-type: none"> • Beechnut • Gerber • Tippy Toes 	31	2.5 ounce containers	2 varieties	No infant food meats with added salt or sugar, dinners or food combinations, meat sticks or organic infant meats.

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Whole Wheat Bread	Only these brands for 100% Whole Wheat Loaves of bread: <ul style="list-style-type: none"> • Any store brand labeled 100% Whole Wheat bread (including bakery) • Bimbo 100% Whole Wheat Bread • Roman Meal Sun Grain 100% Whole Wheat Bread • Sara Lee Classic 100% Whole Wheat Bread • Wonder 100% Whole Wheat Bread • Nature's Own 100% Whole Wheat Bread • Oroweat 100% Whole Wheat Bread • Ozark Hearth 100% Whole Wheat Bread 	6	16 ounces	Loaves only	<ul style="list-style-type: none"> • Gluten-free • Diet, light or low carb • Mini loaves • Pita or flat bread • English muffins • Sandwich thins or rounds • Bagels • Buns • Rolls • Organic
Whole Wheat Pasta	<ul style="list-style-type: none"> • Essential Everyday • Great Value • Kroger • Natural Directions • O Organics • Simple Truth Organics • Shurfine • Simply Balanced • Western Family • Barillo • Delallo • Hodgson Mill 	4 packages	16 ounce packages	Any variety/type (spaghetti, macaroni, etc.)	No pastas that list any flours other than whole wheat and / or whole durum wheat flour in the ingredients. No pastas with added sugars, fats, oils or salt.
Fresh fruit and vegetables	Any variety of fresh fruit.	15	Pounds	Fruits: 3 varieties of fresh fruits	Fruit: No dried fruit, fruit-nut mixtures, fruit with dipping sauces, fruit for purchase on salad bars, ornamental fruits, fruit baskets, party trays, items such as blueberry muffins, fruit with added sugar, fat, oil or salt.
	Any variety of fresh vegetables.	15	Pounds	Vegetables: Must carry 4 varieties of vegetables, not including potatoes.	Vegetables: No kits with dressings or dipping sauce, herbs and spices, edible blossoms such as squash blossoms, creamed or sauced vegetables, vegetable-grain mixtures, breaded vegetables, vegetables for purchase on salad bars, salad kits, ornamental vegetables, such as chilies on a string, painted pumpkins, party trays, vegetables with

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					added sugar, fat, oil or salt.
Fresh Bananas	Any size fresh bananas	16 bananas	Any size	N/A	No plantains or cooking bananas.
Soy Milk	Pacific Ultra Soy 32 oz. shelf stable, original and vanilla only Or	None but if client has check for soy milk, vendor must order soy milk and have for the client within (5) five calendar days.	32 ounces shelf stable	Original and Vanilla	Any flavor other than original or vanilla. <ul style="list-style-type: none"> • Soy milk with added DHA/ARA. • Pacific Ultra Soy chocolate or organic. • 8th Continent chocolate, light, fat-free, organic or complete vanilla.
	8 th continent, ½ gallon refrigerated, original and vanilla only Or		½ gallons	Original and Vanilla	
	Silk, ½ gallon, refrigerated, original only		½ gallons	Original only	
Tofu	Only these brands of 16 ounces, water packed any texture calcium-set tofu: <ul style="list-style-type: none"> • Azumaya • House Foods 	None but if client has check for tofu, vendor must order tofu and have for the client within (5) five calendar days.	Packages up to 16 ounces	N/A	No organic tofu. No tofu with added fats, sugar, oils or sodium.