WIC Eligible Formulas

Policy: Some of these formulas require a medical prescription as well as approval by the state or local agency WIC program. Other infant formulas may be available based on individual need. When in doubt about the eligibility of a formula, the local agency should contact the state agency nutritionist.

Formula	Classification	Use
Calcilo XD	Exempt infant formula	Hypocalcaemia (does not contain adequate amounts of vitamin D, calcium or phosphorus)
Elecare	Exempt infant formula	Severe malabsorption, severe food allergies and/or GI tract impairment. Some conditions may necessitate issuing to infants.
Enfamil Human Milk Fortifier	Exempt infant formula	Fortification of breastmilk for premature and low birth weight infants
Enfamil LIPIL 24 with iron	Exempt Infant Formula	Difficulty ingesting adequate volume to meet needs
Enfamil Premature with iron (20,24)	Exempt infant formula	Low birth weight or premature infant
Enfamil EnfaCare	Exempt Infant Formula	Premature and low birth weight infants
Gerber Good Start Soy	Infant formula	Milk protein allergy, congenital lactase deficiency, secondary lactose intolerance
Gerber Graduates Soy	Infant formula	For routine feeding of older babies and toddlers 9-24 months of age. Lactose-free and milk-free.
Neocate Infant with DHA/ARA	Exempt infant formula	Milk, soy and other protein intolerances (elemental)
Nutramigen with Enflora LGG	Exempt infant formula	Milk protein sensitivity, persistent diarrhea, gastrointestinal problems
Nutramigen	Exempt infant formula	Milk protein sensitivity, persistent diarrhea, gastrointestinal problems
Pregestimil Pregestimil 24	Exempt infant formula	Severe malabsorption disorders such as short gut syndrome or cystic fibrosis
ProViMin	Exempt infant formula	Carbohydrate and fat restriction

Formula	Classification	Use
RCF	Exempt infant formula	Carbohydrate intolerance
Similac Advance	Infant formula	Healthy, full term infants
Similac Expert Care Alimentum	Exempt infant formula	Protein sensitivity or maldigestion
Similac Expert Care for Diarrhea	Exempt infant formula	Short term Diarrhea
Similac Human Milk Fortifier	Exempt infant formula	Fortification of breastmilk for premature and low birth weight infants
Similac Go and Grow	Infant Formula	For routine feeding of older babies and toddlers 9-24 months of age
Similac Expert Care NeoSure	Exempt infant formula	Premature and/or low birth weight infants
Similac PM (60/40)	Exempt infant formula	Renal, digestive or cardiovascular problems requiring lower minerals
Similac Sensitive	Infant formula	For infants with suspected sensitivity to lactose.
Similac Sensitive for Spit-Up	Infant formula	Uncomplicated Gastroesophagial Reflux (GER) or other need for thickened formula
Similac Special Care with iron (20, 24)	Exempt infant formula	Premature and low birth weight infant

WIC Eligible Medical Foods

Policy: These medical foods require a medical prescription as well as authorization from the local or state agency nutritionist. Other medical foods may be available based on individual need. If in doubt about the eligibility of a medical food, the local agency should contact the state agency nutritionist.

Medical Food	Classification	Use
Boost	Medical Food	For adults requiring dietary supplementation
Boost Kids Essentials 1.0	Medical Food	For children 1 to 10 years with chronic illness or oral motor feeding problems
Boost Kids Essentials 1.5	Medical Food	For children 1 to 10 years with chronic illness or oral motor feeding problems
Elecare Jr.	Medical Food	For children older than 1 year of age with severe malabsorption, severe food allergies and/or GI tract impairment. Some conditions may necessitate issuing to infants.
Ensure	Medical Food	For adults requiring dietary supplementation
Ensure with Fiber	Medical Food	Inadequate caloric intake with increased need for fiber
Ensure High Protein	Medical Food	For adults requiring dietary supplementation with increased protein need
Ensure Plus Ensure Plus HN	Medical Food	Increased caloric density requirement
Ensure Pudding	Medical Food	Impaired swallowing/ chewing
Jevity 1 cal	Medical Food	Inadequate caloric intake with increased need for fiber
Neocate One +	Medical food	Milk, soy and other protein intolerances for children 1-10 years old
Neocate Junior	Medical Food	For children with GI impairment, malabsorption, or multiple protein intolerance.
Nepro	Medical Food	Dialyzed patients with acute or chronic renal failure with inadequate oral intake
Nutren 1.0	Medical Food	Inadequate caloric intake
Nutren Jr.	Medical Food	Inadequate oral intake in children 1-10 years old

Medical Food	Classification	Use
Nutren Jr. with Fiber	Medical Food	Inadequate oral intake in children 1-10 years old with increased fiber need
Osmolite 1.0 cal	Medical Food	Inadequate oral intake with high protein need
Pediasure	Medical Food	Inadequate oral intake in children 1-10 years old
Pediasure with Fiber	Medical Food	Inadequate oral intake in children 1-10 years old with increased fiber need
Pediasure Enteral Pediasure Enteral with Fiber	Medical Food	For children 1 – 10 years with chronic illness or oral motor feeding problems. Some medical conditions may necessitate issuing to older infants.
Pepdite Junior	Medical Food	For children with multiple food protein intolerance, GI track impairment or malaborption
Peptamen	Medical food	Gastrointestinal dysfunction
Peptamen Junior w/ Fiber		Gastrointestinal dysfunction
Peptamen Junior	Medical food	Gastrointestinal dysfunction
Peptamen Junior w/ Prebio1		Gastrointestinal dysfunction
Portagen	Medical Food	For older children and adults with defects in the breakdown, absorption and transport of fat in the body.
ProMod	Medical Food	For persons with increased protein needs.
Pulmocare	Medical Food	High fat, low CHO for respiratory disorders
Suplena	Medical Food	Renal dysfunction
Tolerex	Medical Food	For persons with impaired digestion and absorption or specialized nutrient needs
TwoCal HN	Medical Food	Severely hypermetabolic and fluid restricted
Ultracal	Medical Food	Inadequate intake with high protein and fiber needs
Vivonex Pediatric	Medical Food	For children aged 1 to 10 years of age with gastrointestinal impairment.