

**Inter Tribal Council of Arizona, Inc. WIC Program**  
**FY 2013-2015 Minimum Stock Criteria**  
 Effective October 1, 2012-September 30, 2015

The Vendor shall have in stock at all times WIC authorized food items. WIC authorized items shall be only those listed on the Arizona WIC Programs approved Food List. Vendor will adequately stock contracted infant formulas.

FOOD ITEM	BRAND/TYPE	QUANTITIES REQUIRED TO STOCK	SIZE	# OF VARIETIES	NOT ALLOWED
<b>Milk</b>	Lowest cost brand of refrigerated milk	12 gallons and 2 half gallons and 4 quarts	Gallon containers  Half gallon containers  Quart containers	Must carry <u>whole</u> milk in gallons, half gallons and quart sizes <b>and</b> <u>1%</u> <u>or skim</u> in gallons, half gallons and quart sizes.	No chocolate milk, flavored milk, buttermilk, acidophilus milk, half and half, rice milk, raw milk, sweetened condensed milk, creamers, filled milk or organic milk.
<b>Cheese</b>	Any brand, plain domestic prepackaged  Only these types: <ul style="list-style-type: none"> <li>• Cheddar (includes longhorn)</li> <li>• Colby (includes longhorn)</li> <li>• Monterey Jack</li> <li>• Mozzarella, including string cheese</li> </ul> Blended cheeses of the above are allowed (i.e. Colby jack).	4 pounds	16 ounces	(2) two varieties	No diced, grated, shredded or sliced cheese, cheese from deli counter, random weight cheese, cheese with added peppers or ingredients, imported cheese, processed American cheese, processed cheese food, cheese product or cheese spread, cream cheese and no cheese sticks or swirls and no organic cheese. No packages less than 16 ounces.
<b>Eggs</b>	Any brand, fresh, raw, white chicken eggs	4 dozen	Small, medium or large in one dozen cartons	N/A	No specialty eggs, low cholesterol, DHA, organic, free range, cage free, nest and fertile, extra-large or jumbo size eggs, brown eggs, eggs in six pack cartons or egg substitutes.
<b>Beans</b>	Any brand and type of dry beans, peas or lentils in one pound packages or bulk	4 pounds	16 ounce package or bulk	(1) one variety of beans, peas or lentils	No green, yellow, or wax beans, fresh or frozen beans, refried beans, bean soup mixes with flavoring packets/spices, snap beans and no gourmet or organic beans.
<b>Canned Beans</b>	Only these brands for canned beans: - <b>Bush's</b> : Pinto, Black, Garbanzo, Cannellini White Kidney, Great Northern, Dark Red Kidney - <b>Valu Time</b> : Pinto	8 cans	Up to 16 oz cans	Must carry 2 varieties and 1 must be Pinto beans	No beans in brands and varieties not listed, no beans with added fat, oil, seasoning, speices or meat, no pork and beans, baked beans or refried beans.

	<ul style="list-style-type: none"> <li>- <b>El Mexicano:</b> Garbanzo and Pinto</li> <li>- <b>Shurfine:</b> Premium Great Northern, Premium Pinto, Premium Black, Premium Garbanzo, Premium Light Red Kidney, Premium Dark Red Kidney</li> <li>- <b>Springfield:</b> Fancy Black , Black-eyed Peas and Fancy Pinto</li> <li>- <b>Western Family:</b> Premium Great Northern, Premium Black, Premium Garbanzo, Premium Light Red Kidney and Pinto</li> <li>- <b>Albertson's:</b> Cannellini , Garbanzo, Great Northern, Red and Whole Pinto</li> <li>- <b>Food Club:</b> Garbanzo , Great Northern, Pinto and Dark Red Kidney</li> <li>- <b>Fry's/Kroger:</b> Black, Black-eyed Peas, Cannellini Kidney, Garbanzo, Great Northern, Pinto, Red, Light Red Kidney and Dark Red Kidney</li> <li>- <b>Safeway:</b> Black, Light Red Kidney, Garbanzo, Red, Lima and Pinto</li> <li>- <b>Great Value:</b> Black , Great Northern, Red and Pinto</li> </ul>				
<b>Peanut Butter</b>	Any brand of plain, smooth, chunky, natural, low sodium or low sugar peanut butter	2 jars	16 to 18 ounce jars	N/A	No peanut butter spread, peanut butter with added jams, jellies, chocolate, DHA, omega-3 or honey, peanut butter in tubes or organic peanut butter.
<b>Canned Fish</b>	Any brand of water packed chunk light tuna	6 cans of tuna	5 ounce cans	N/A	<b>Tuna:</b> No solid white or Albacore tuna, tuna with soy protein added, oil packed tuna, prime fillet, lunch kit tuna mix, tuna packed in pouches, tuna with added ingredients, flavored or seasoned tuna.
	Any brand of water packed pink salmon	4 cans of salmon	7.5 ounce cans	N/A	
	Any brand and any type of sardines	8 cans of sardines	3.75 ounce cans	N/A	

					<b>Sardines:</b> No Brisling or Norwegian sardines.
<b>Cereal</b>	<p><b>Only these brands for Cold Cereal:</b>  <b>Any store brand:</b> Crispy Rice or *Toasted Oats</p> <p><b>General Mills:</b> *Total, Kix (plain), *Cheerios (plain and Multigrain), and Chex (Rice, Corn and *Wheat)</p> <p><b>Kellogg's:</b> Corn Flakes, Special K, *All-Bran Wheat Flakes, *Frost Mini Wheats (Bite Size), and Rice Krispies</p> <p><b>Malt-O-Meal:</b> *Frosted Mini Spooners, Crispy Rice</p> <p><b>Post:</b> Banana Nut Crunch, Honey Bunches of Oats (Honey Roasted, Almond, and Vanilla Bunches), *Grape Nuts, Grape Nut Flakes</p> <p><b>Quaker:</b> Life (Original), *Oatmeal Squares (Brown Sugar and Cinnamon)</p> <p><b>Only these brands for hot cereal:</b>  <b>Cream of Wheat:</b> Instant Original Flavor individual packets  <b>Malt O' Meal:</b> Original  <b>Quaker Instant Oatmeal</b> *Original individual packets</p> <p><b>(*) Indicates Whole Grain</b></p>	<p>12 boxes of cold cereal</p> <p><b>and</b></p> <p>2 boxes of hot cereal</p>	<p>12 ounces or larger of cold cereal in bags or boxes</p> <p><b>and</b></p> <p>11.8 ounces or larger of hot cereal in boxes</p>	<p>Must carry (3) three varieties of cold cereal and (2) two must be whole grain (*) and (1) one variety of hot cereal</p>	<p>Cold Cereal</p> <ul style="list-style-type: none"> <li>• Cold cereals less than 12 ounces</li> <li>• Variety packs</li> <li>• Frosted cereals except for Kellogg's Frost Mini Wheats and Malt O Meal Frosted Mini Spooners</li> <li>• Organic</li> </ul> <p>Hot Cereal</p> <ul style="list-style-type: none"> <li>• Hot cereals less than 11.8 ounces</li> <li>• Added raisins, fruit or nuts</li> <li>• Variety packs</li> <li>• Organic</li> </ul>
<b>Juice</b>	<p><b>Only these brands of 100% juice :</b>  <b>64 oz. shelf stable juice:</b></p> <ul style="list-style-type: none"> <li>• Seneca Apple</li> <li>• Treetop Apple</li> <li>• Welch's Grape and White Grape</li> <li>• Langers Apple, Grape, White Grape and Pineapple</li> <li>• Western Family Apple and Grape</li> <li>• Shurfine Apple and Grape</li> <li>• Campbell's Tomato</li> <li>• Any brand Orange</li> </ul>	<p>4 shelf stable or refrigerated</p> <p><b>and</b></p> <p>6 frozen</p>	<p>64 ounce containers</p> <p><b>and</b></p> <p>11.5-12 ounce frozen containers</p>	<p>Shelf stable or refrigerated: (3) varieties and (1) one must be orange juice</p> <p>Frozen concentrate: (2) varieties</p>	<p>No added sugar or sweetener or organic juice.</p>

	<p>and Grapefruit</p> <p><b>Only these brands of 100% juice:</b>  <b>64 oz. refrigerated juice:</b></p> <ul style="list-style-type: none"> <li>Any brand Orange or Grapefruit</li> </ul> <p><b>Only these brands of 100% juice:</b>  <b>11.5-12 oz. frozen concentrate:</b></p> <ul style="list-style-type: none"> <li>Seneca Apple</li> <li>Dole Pineapple</li> <li>Dole Pineapple-Orange</li> <li>Old Orchard Apple, Grape, and Pineapple</li> <li>Treetop Apple</li> <li>Welch's Grape and White Grape</li> <li>Langers Apple</li> <li>Western Family Apple and Grape</li> <li>Shurfine Apple</li> <li>Any Brand Orange and Grapefruit</li> </ul>				No Odwalla or Naked brands.
<b>Infant Formula</b>	<p>Similac Advance with Iron (with Early Shield)</p> <p>Enfamil ProSobee</p>	<p>27 cans and 9 cans</p>	<p>12.4 ounce cans</p> <p>12.9 ounce cans</p>	<p>N/A</p> <p>N/A</p>	
<b>Infant Cereal</b>	Gerber or Beech Nut brands only, plain single grain without fruit	12 or 6	8 ounce containers or 16 ounce containers	(2) two varieties and (1) one must be rice cereal	No infant cereal with added fruit, sugar, yogurt, formula or DHA/ARA, jars, cans or single serving cups, high protein, mixed cereals or organic infant cereal.
<b>Infant Fruits and Vegetables</b>	Any brand, Stage 2, any single variety or combination of plain fruits or vegetables in 3.5 oz or 4 oz. containers	64 and 8	3.5 ounce containers and 4 ounce containers	(4) four varieties of fruits and (4) varieties of vegetables	No infant foods fruits and vegetables with added salt, sugar or starches, desserts, dinners and food combinations, added formula, cereal or DHA/ARA, smoothies or organic infant foods.
<b>Infant Meats</b>	Any brand, single ingredient infant meats with added broth or gravy.	31	2.5 ounce containers	2 varieties	No infant food meats with added salt or sugar, dinners or food combinations, meat sticks or organic infant meats.
<b>Whole Wheat Bread</b>	<p>Only these brands for 100% Whole Wheat Loaves of bread:</p> <ul style="list-style-type: none"> <li>Any store brand labeled 100% Whole Wheat bread (including bakery)</li> <li>Bimbo 100%</li> </ul>	6	16 ounces	Loaves only	<ul style="list-style-type: none"> <li>Gluten Free</li> <li>Diet, light or low carb</li> <li>Mini loaves</li> <li>Pita or flat bread</li> <li>English muffins</li> <li>Sandwich thins or rounds</li> <li>Bagels</li> <li>Buns</li> </ul>

	<p>Whole Wheat Bread</p> <ul style="list-style-type: none"> <li>• Roman Meal Sun Grain 100% Whole Wheat Bread</li> <li>• Sara Lee Classic 100% Whole Wheat Bread</li> <li>• Wonder Soft 100% Whole Wheat Bread</li> </ul>				<ul style="list-style-type: none"> <li>• Rolls</li> <li>• Organic</li> </ul>
<b>Fresh fruit and vegetables</b>	<p>Any variety of fresh fruit and vegetables.</p> <p><b>Fruit:</b></p> <p><b>Vegetables:</b></p>	<p>15</p> <p><b>and</b></p> <p>15</p>	<p>Pounds</p> <p>Pounds</p>	<p><b>Fruits:</b> Must carry 3 varieties of fresh fruit.</p> <p><b>Vegetables:</b> Must carry 5 varieties of fresh vegetables.</p>	<p><b>Fruit:</b> No dried fruit, fruit-nut mixtures, fruit with dipping sauces, fruit for purchase on salad bars, ornamental fruits, fruit baskets, party trays, items such as blueberry muffins, fruit with added sugar, fat, oil or salt.</p> <p><b>Vegetables:</b> No potatoes, except sweet potatoes or yams, kits with dressings or dipping sauce, herbs and spices, edible blossoms such as squash blossoms, creamed or sauced vegetables, vegetable-grain mixtures, breaded vegetables, vegetables for purchase on salad bars, salad kits, ornamental vegetables, such as chilies on a string, painted pumpkins, party trays, vegetables with added sugar, fat, oil or salt.</p>
<b>Soy Milk</b>	<p>Pacific Natural Foods Ultra Soy</p> <p>Or</p> <p>8<sup>th</sup> Continent Soymilk</p>	<p><b>None</b> but if client has check for soy milk, vendor must order soy milk and have for the client within (5) five calendar days.</p>	<p>32 ounces shelf stable</p> <p>½ gallons</p>	<p>Plain and Vanilla</p> <p>Original and Vanilla</p>	<p>Any other flavors other than plain, original, or vanilla.</p> <ul style="list-style-type: none"> <li>• Soy milk with added DHA/ARA.</li> <li>• Pacific Ultra Soy chocolate or organic. 8<sup>th</sup> Continent chocolate, light, fat-free, organic or complete vanilla.</li> </ul>
<b>Tofu</b>	<p>Any brand, up to 16 ounces, water packed any texture calcium-set tofu</p>	<p><b>None</b> but if client has check for tofu, vendor must order tofu and have for the client within (5) five calendar days.</p>	<p>Packages up to 16 ounces</p>	<p>N/A</p>	<p>No organic tofu.</p> <p>No tofu with added fats, sugar, oils or sodium.</p>