

**We're here to
help every step
of the way...**



Breastfeeding peer
counselors will help you
do the best for your baby
by breastfeeding. Peer
Counselors are moms
who have breastfed and
are trained to help you
breastfeed too!



For more information, contact:

Native Health WIC - Main
4520 N. Central Ave., Suite 350
Phoenix, AZ 85012
Phone: (602) 279-2562

Native Health WIC @ 16th Street
4212 N. 16th St., Building 300
Phoenix, AZ 85016
Phone: (602) 263-1558

Native Health WIC - Dunlap
2432 W. Dunlap, Suite 140
Phoenix, AZ 85021
Phone: (602) 279-5351

Breastfeeding Peer Counselor Phone:

Kim Moore-Salas: (602) 319-1588

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**Moms
helping
moms**

*Someone with
you every step
of the way...*


Moms helping moms



Your peer counselor will be with you every step of the way from your pregnancy through the first year. She will be available days, evenings and even weekends to help you breastfeed.

Your peer counselor can help if:

- you have questions about breastfeeding
- you are getting frustrated
- friends or family are pushing you to stop breastfeeding
- things just aren't working out with breastfeeding



“ I asked for help instead of giving up breastfeeding. My WIC Breastfeeding Peer Counselor was there when I needed her. She helped me continue breastfeeding so I could keep the promise I made to my baby. ”

Someone with you every step of the way...